

For
Household Use

幸せ実感都市『ながの』
～“オールながの”で未来を創造しよう～
Nagano City - Happy Neighborhoods

Special Issue

Please keep this
booklet until a revised
edition is released.

Guidelines for Disposal of Household Recyclables/Garbage

Three Basic Disposal Rules

- 1 **Separate** according to the rules in this booklet.
- 2 By **8:00** on the morning of collection day **Follow the rules of your area.**
- 3 Put items **out at the disposal site in your area**

Collection sites are cleaned-up and managed by each local community. Garbage and Recyclables shall be dropped off only at the designated collection site.



Practice the
3Rs!



Reduce

Reduce the wasteful consumption of goods by using items carefully!

Reuse

Reuse items by repurposing rather discarding them!

Recycle

Recycle recyclables through proper sorting!

Group Collection

Collected Items ▶

- Some local groups, such as PTAs and educational organizations, collect recyclables. Take part if you can.
- Some communities and groups provide 24-hour recycling drop-off sites, or recycling houses.



Papers Bottles Cans Cloth Other



Collection items, times, and methods vary from group to group, so check with a person in charge.

Follow the rules and sort everything well.

Nagano City

INDEX

English
英語

How to Sort and Dispose of Garbage
Fee-based Program

▶ P.1 to 2

| | | |
|------------------------------|-------------|---|
| Collection at Disposal Sites | Recyclables | Plastic Packages ► P. 3 to 4 |
| | | Papers ► P. 5 |
| | | Cans, Plastic Bottles ► P. 6 |
| | | Bottles, Dry Cell Batteries ► P.7 |
| | | Yard Waste ► P.8 |
| | | Burnable Garbage ► P.9 |
| | | Non-burnable Garbage ► P.10 |

Collection Not at
Disposal Sites Sunday Recycle
Disposal of Fluorescent Lights
and Small Home Appliances
at Collection Sites
▶ P.11 to 12

Direct Drop-off for items brought to
the Recycle Center's salvage yard and
that cannot be handled by the city.
▶ P.13 to 14

Not Handled
by the City Collection/Processing
by Manufacturers Electric Appliance
Recycling ▶ P.15
Recycling of PCs and
Motorbikes ▶ P.16

Reduction of Food Loss and Waste
Subsidy for Household Garbage Disposal
▶ P.17

Garbage Classification Index
▶ P.18 to 22

Commercial Waste

Take commercial waste to the Nagano Environmental Energy Center or Nagano City Recycle Center (some items are not accepted) or request disposal by an authorized collector. All collection sites of local communities are dedicated to household garbage. **Commercial waste disposal is not allowed at these disposal sites.**

How to Sort and Dispose of Garbage / Fee-based Program

How to Sort and Dispose of Garbage

- Separate garbage and recyclables according to the rules in this booklet.
- Check the collection days in the Nagano City Household Use Recyclables and Garbage Collection Calendar. Put items out at the disposal site in your area **by 8:00 on collection day**.
- **Buy Designated Bags and Oversized Garbage Stickers** at authorized stores.
- Put cans, bottles, plastic bottles, and dry cell batteries in the bags and containers at disposal sites.

Separate your garbage into the following eight categories:

1. Burnable Garbage
2. Non-Burnable Garbage
3. Plastic Packages
4. Papers
5. Cans
6. Bottles & Dry-Cell Batteries
7. Plastic Bottles
8. Yard Waste










- ◆ Ask community officers, residential superintendents, or your neighbors about the location of disposal sites.
- ◆ Burnable and Non-Burnable Garbage as well as Plastic Packages need to be put in designated bags. Disposal fees are included in the price of bags for Burnable and Non-Burnable Garbage.
- ◆ Burnable and Non-Burnable Garbage that does not fit in designated bags requires an Oversized Garbage Sticker (size restrictions apply).
- ◆ Items will not be picked up if the rules are not followed.


Charging for Household Garbage

The fee-based program for household garbage disposal began on October 1, 2009.

Nagano City introduced a fee-based program for household garbage disposal, aiming for a reduction of garbage, more aggressive separation for recycling, and a fairer charge for disposal volume. By purchasing Designated Bags and Oversized Garbage Stickers, city residents will help cover the costs of Burnable Garbage and Non-burnable Garbage disposal.

As for Recyclables (Plastic Packages, Papers, Cans, Bottles, Plastic Bottles, etc.), no garbage disposal fee is charged. Separate recyclable materials from garbage thoroughly.

| Categories | | Garbage disposal fee: Charged | | | | | | Garbage disposal fee: Free of charge | |
|-----------------------------|---|--|--|--|--|--|--|---|--|
| | | Burnable Garbage | | | | Non-burnable Garbage | | Plastic Packages | |
| Designated Bags | Type/capacity of bags | Extra Large (40 L.)  | Large (30 L.)  | Small (20 L.)  | Extra Small (10 L.)  | Large (30 L.)  | Small (20 L.)  | Large (30 L.)  | Small (20 L.)  |
| | Fee (¥1/liter) | ¥40/bag | ¥30/bag | ¥20/bag | ¥10/bag | ¥30/bag | ¥20/bag | Free of charge | |
| | Purchase price (per set) 1 set=10 bags “Bag price” may vary by retailer | Bag price + Disposal fee ¥400 | Bag price + Disposal fee ¥300 | Bag price + Disposal fee ¥200 | Bag price + Disposal fee ¥100 | Bag price + Disposal fee ¥300 | Bag price + Disposal fee ¥200 | only “bag price” | |
| Over-sized Garbage Stickers | Sticker Type | Common to Burnable Garbage and Non-burnable Garbage  | | | | Affix one sticker on a large burnable/non-burnable garbage that cannot be put in a designated bag, | | Over-sized Garbage Sticker is Not required | |
| | Purchase price | ¥40/sticker (= Disposal fee) Available by piece | | | | | | Dispose of a large plastic container that cannot be put in a designated bag, as it is, without Over-sized Garbage Sticker | |

- Both Designated Bags and Stickers are available at authorized retailers (supermarkets, drug stores, home improvement centers, etc.). The garbage disposal fee with that purchase will be paid to the City via authorized retailers.
- Oversized Garbage Stickers  delivered free of charge by the City until September 30, 2009 have been discontinued. The old stickers are collected at City Hall and branch offices.

Former Designated Bags (for Burnable Garbage and Non-burnable Garbage)

If you still have Former Designated Bags, you may use them for a while with an appropriate Prepaid Sticker.

Former Designated Bags

Only "bag price" has been paid

Prepaid-Stickers
(common to Burnable Garbage
and Non-burnable Garbage)

¥30 per sticker for a
Large bag

¥20 per sticker for a
Small bag

Purchase price = Garbage disposal fee

*Prepaid Stickers are available at stores authorized by the City.

Two Prepaid Stickers can be used in place of one Oversized Garbage Sticker.

○ Designated Bags for Plastic Packages may be still used without Prepaid Stickers.

Relief from paying garbage disposal fee

Designated Bags for Burnable Garbage will be provided for free according to the system for the reduction/exemption of household garbage disposal fees. See below for details.

| Application | | Descriptions | | | |
|---|--------------|--------------------------------|---|--------------|--|
| Eligibility | Not required | Eligibility requirements | ○Infants below 3 years old, registered in Nagano City *Not for household garbage that cannot be left at disposal sites when admitted to an institution. | | |
| | | Benefit | •Burnable Garbage/Large 30 L. bags: 30 bags/year (up to 90 bags for 3 years) *For those who meet the requirements and need bags past the newborn period: bags will be directly delivered all at once, according to age in months. | | |
| Infants | Not required | Procedures for benefit | •90 bags (for 3 years) will be handed over all at once upon registration of a birth at the Citizens’ Registration Section or a branch office. •90 bags (for 3 years) will be sent to your home after registration of a birth at another municipality or a security office. •Bags will be sent to your home according to age in months upon registration of a move. •Bags will be sent to your home according to age in months upon leaving an orphanage (notification of change of address) *Contact the Living Environment Management Section (TEL 026-224-5035) only when leaving an orphanage. | | |
| | | | | | |
| Persons using paper diapers or performing home-based peritoneal dialysis, etc. | Required | Eligibility requirements | ○Persons who reside within the city, use paper diapers on a regular basis, or dispose of large amounts of medical waste as a result of dialysis at home, and fall into one of the categories below. •are officially qualified as those needing nursing-care or needing support under nursing-care insurance system or •are issued with a Physical Disability Certificate Handbook or a Care and Fostering Certificate Handbook •Those who have written permission from a doctor or other appropriate authority for the use of paper diapers or at-home medical devices. *Not for household garbage that cannot be left at disposal sites when admitted to an institution. (Certain facilities accept disposal of household garbage at disposal sites, so check when you are admitted.) *Paper diapers include rehabilitation underpants and incontinence pads, and are not for those who use diapers temporarily or only when going out. *Persons who dispose of large amounts of medical waste as a result of dialysis at home account for about 20 large bags (30 liters) of Burnable Garbage left at disposal sites annually | | |
| | | Benefit | Amount/year | | |
| | | | Large bags for Burnable Garbage (30 liters) | | |
| | | | Small bags for Burnable Garbage (20 liters) | | |
| Procedures for benefit | Benefit | Regular paper diaper users | 60 bags/year | 90 bags/year | *When you apply, please choose either large or small bags. *For those who become eligible in the middle of the fiscal year, the number of bags will be different. |
| | | Large amounts of medical waste | 20 bags/year | 30 bags/year | |
| | | | | | |
| Please bring the following items 1-3 with your initial application (application by a representative is acceptable; not available Saturdays, Sundays, and Holidays). Bags will be handed over at the reception desk. | | | | | |
| Where to apply Living Environment Management Section (3rd floor of City Hall Building No. 2), all branch offices | | | | | |
| Things to bring with you | | | | | |
| 1. Any of the following that you have been issued: Long-term Care Insurance Certificate, Physical Disability Logbook, Caring for a Child with a Disability Logbook | | | | | |
| 2. Something that confirms the usage of diapers or home-based medical devices Regular paper diaper users E.g. Receipts (dated within 6 months before application) or certificates issued by a doctor that confirms the usage of diapers (Check the period of validity, if any) Disposing of large amounts of medical waste E.g. Official certificates issued by a medical organization (Check the period of validity, if any) | | | | | |
| 3. Seal of the applicant (If you do not have a seal, bring ID or other proof of identity.) | | | | | |
| *On the application form, write the contents of the medical waste disposed of regularly in large amounts. In order to confirm the situation, we may inquire about the physical condition of the applicant, and depending on their condition, a medical certificate from a doctor or a statement from the applicant may be required. | | | | | |
| *For the following years, bags will be sent annually to the address written in the application (in general, reapplying is not required). | | | | | |
| *Changes can be made at any time, but changes in amount and address will be reflected in the following year (reapplying is required). | | | | | |
| *If an eligible person becomes ineligible due to long-term hospitalization or institutionalization, contact the Living Environment Management Section (TEL026-224-5035). You may be asked to return unused Designated Bags. | | | | | |

* The garbage disposal fee will be reduced or exempted for a household receiving welfare benefit. For details, contact the Living Assistance Section (026-224-7529). Not for household garbage that cannot be left at disposal sites when admitted to an institution.

Disposal at Collection Sites Recyclables

● Plastic Packages

on the day indicated as

プラ (Plastic Packages) on the Calendar

Once a week collection



Look for this recycling symbol!

Put them in a designated bag and drop off at collection site.

For an item that is too large to fit in a designated bag, tie a string around it and directly dispose of them (Over-sized Garbage Sticker is not required).

*Purchase Designated bags which are available at any retailer who is authorized to sell them by the City (supermarkets, drug stores, home improvement centers, etc.)

Max dimensions of an item that you may place at your local garbage collection site are about **1 m x 50 cm x 50 cm**.

Plastic packages that contained products (containers) or that were wrapped around goods (wraps) go in this category.

● Bottles

Ensure bottle is empty before disposal!

Remove cap or pump from bottle



- Containers for dips, bouillons, and lactic acid bacteria drink, etc.
- Containers for detergent, shampoo, conditioner, and cream, etc.
- Containers for gargling, eye drops, etc.

● Caps



- Plastic Caps for Plastic bottles, PET bottles, and other bottles

Ensure container is empty, free from food, etc. before disposal!
(Food scraps are burnable garbage)

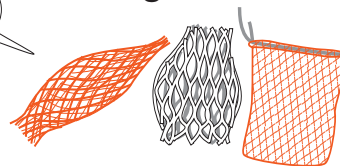
● Cups/Packs



Items may also have parts that go in Paper, so be sure to check for the **プラ** (plastic) symbol.

- Containers of cup noodles, pudding, instant food, box-lunch, etc.
- Packs for eggs, bite-size jelly, etc.
- Cases for medicines, cosmetics, commodities, etc.
- Packs for tooth brushes, etc.

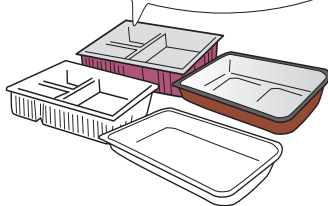
● Net bags



- Netting bags for oranges and onions
- Styrofoam nets for apples and peaches, etc.

● Trays

Label adhered on a wrap around food tray which cannot be peeled off may be disposed of as it is



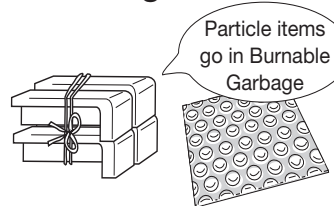
- Tray of fruits
 - Tray of prepared foods and cakes
 - Tray of fresh foods
- (Use collection services provided by your local supermarkets preferably)

● Plastic bags/Wrap films



- Bags for vegetables, buckwheat noodles, and breads
- Wraps of fresh foods
- Outer thin film of cup noodles - Hair sprays
- Bags for instant foods and frozen foods
- Wraps of candies and cakes
- Cashier plastic bags, packaging bags for clothes, and packaging bags for toilet papers

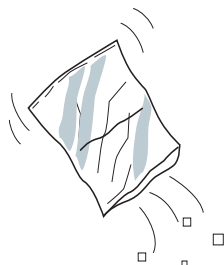
● Cushioning materials



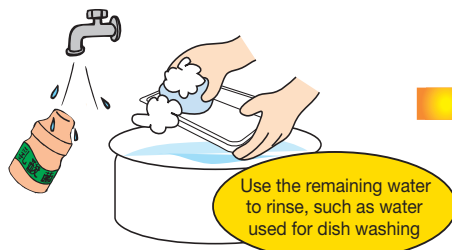
- Styrofoam for protecting electric appliances, etc.
- Plastic cushion materials

Remember! Any garbage put in a bag other than designated bags or in a corrugated container will not be collected.
Hard plastic goes in Non-burnable Garbage.
Soft plastic goes in Burnable Garbage (see pages 9 & 10)

① Use up the contents completely



② Remove inner surface contamination
(Rinse out or wipe off lightly)



③ Put in a designated bag and place it at collection site
(Place it separately from Burnable Garbage)



Attention

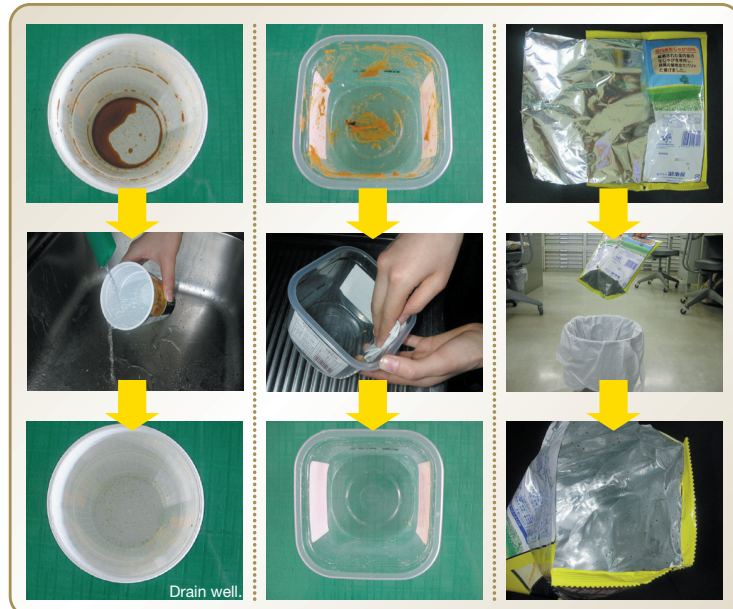
Do not throw plastic packages away in plastic shopping bags (This interferes with recycling work.)

Level of Dirtiness

Level: "Almost no odor emitting from plastic garbage that has been left for one to two weeks"

- *Rinse the inside lightly or wipe off with a paper.
- *Plastic items with slight residue may be disposed directly without cleaning off.
- *Those contaminated with debris difficult to remove (needing large volume of detergent and water for removal) should go in Burnable Garbage.

Items with obstinate dirt or containing any other materials cannot be recycled



Plastic Packages

Attention Items that do not go in this category

| | | | | |
|--|--|--|--|---|
| Items that do not go in this category | Products themselves (not packages) | Soft plastic items including tapes | Polyvinyl hose, Polyvinyl string, straws, bath mats, cassette tapes, video tapes, etc. | Go in Burnable Garbage (Tapes should be disposed as Burnable garbage, causing the non-burnable garbage crusher to get clogged) |
| | | Hard plastic items | Washbowl, buckets, flower pots, planters, tooth brushes, razors, laundry, clothespins, CDs, MDs, floppy disks, plastic table wares, spoons, strainers, plastic toys, plastic construction kits, Ballpoint pens, etc. | Go in Non-burnable Garbage |
| | Non-plastic items | Paper containers for cup-noodles, paper cups, paper yogurt containers, etc. | | Go in Burnable Garbage |
| PET bottles | Plastic bottles bearing this symbol | Plastic bottles of beverage/alcohol/soy sauce variations/mirin cooking wine/non-oil salad dressing | | Go in PET bottles |
| Items bearing Plastic recycling symbol that go in Burnable Garbage | Those contaminated with debris difficult to remove | Edible oil bottles, retort food pouches, sauce containers, tubes (including mayonnaise, ketchup, wasabi, toothpaste tubes), etc. | | Go in Burnable Garbage; Debris-eliminated ones go in Plastic Packages |
| | Contaminated items | Contaminated cup-noodle containers, contaminated box-lunch containers, contaminated food trays, etc. | | |
| | Bags for home-care infusion fluid | Bags (drip infusion); bags for fluid diet, etc. | Needles go to the medical institution they were received from | Go in Burnable Garbage (disposed as Burnable Garbage for hygienic reasons) |

Hints

Hint 1

Labels bonded to Plastic Packages, if it is difficult to remove them, can be disposed of as they are. (Labels that are bonded to wraps around food packages)

Hint 2

Some plastic packages are labeled with small alphabet logos such as "PP", "PE", and "PET", together with a Recyclable Plastic symbol. These logos represent plastic materials and are not concerned for sorting. Classify them by a Recyclable Plastic symbol.



Flow of Recyclable materials

Plastic Packages



Compressing/
packing facility

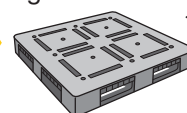
Items that do not go in this category are excluded by manual sorting



Recycling plants

Recycling

Plastic Packages are recycled into pallets and similar items.



◀ Pallet: Can be used for stacking items in store rooms or for transporting large cargo

Disposal at Collection Sites **Recyclables**

● **Papers** on the day indicated as 紙 (Paper) ➔ **Every 4 weeks collection**

Separate papers into four categories and tie a string crosswise and lengthwise around each item and drop-off them at collection site.
(Plastic string is acceptable for tying papers. Do not use gummed tape)

Papers

1 Newspapers/Flyers

Flyers refer to advertising papers inserted into newspapers

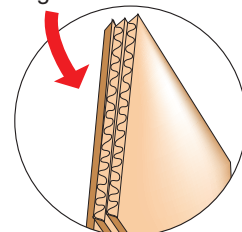


Newspapers and flyers may be tied together or separately in a bundle

*Direct-mails go in "4 Magazines/Other old papers"

2 Cardboards

Cardboards with inner corrugated liners



*Thick papers having no corrugated liner go in "4 Magazines/Other old papers"

3 Paper cartons

Beverage cartons that are white inside



Look for this recycling symbol!



*Rinse the inside and cut them open and dry
*Cartons that are silver inside go in "Burnable Garbage"

4 Magazines/Other old papers

Books, notebooks, magazines, comics, catalogues, picture books, empty bags, paper sheet, wrapping papers, memo notes, postcards, business cards, strip-cut shredded paper (about 10cm in length), toilet paper core, Wrapping film core, etc.

Remove non-paper materials such as plastic holders



Slit films through which tissues are dispensed go in Plastic Packages

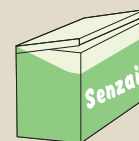
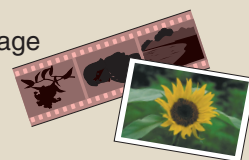


*For small paper, place them in magazines or used paper boxes, etc. or put in used envelopes or paper bags and tie a string around the bag.

Attention Items that do not go in this category

The following items will not be collected as Paper. ➔ These go in Burnable Garbage

- Used tissues and paper that is oily or still has food on it
- Heat sensitive papers (FAX papers, receipts, etc.), carbon papers
- Waterproof papers (yogurt containers, processed paper cup, etc.)
- Print paper (iron print paper, papers stuffed in bags and shoes, package cushioning, etc.)
- Thermal paper (paper used for Braille, etc.)
- Soap/detergents package (because the odor is not adequately removed)
- Paper-based beverage cartons that are silver inside (aluminum laminated), such as alcoholic-sake cartons
- Photographs, photo album sheet
- Cellophane sheets and films (window seal),
- Adhesive tapes and seals (paper ones included)
- Shredder paper



Flow of Recyclable materials

Newspapers/Flyers



Cardboards



Paper cartons

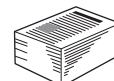


Magazines/
Other old papers



Paper manufacturers
Recycling

Newspapers, magazines, and OA papers, etc.



Cardboards



Tissue papers, toilet papers



Cake boxes, paper sheets, picture books, etc.



Recyclables Disposal at Collection Sites

Cans on the day indicated as **缶** (Cans) **Every 4 weeks collection**
on the Calendar

Please put them as they are in a **Blue net bag** at collection site.

Look for this recycling symbol!

Separated can lids and bottled-can tops can be disposed of together with the can bodies

*Rinse the inside lightly to remove contamination before disposal.
*Crush them slightly (If impossible, dispose of them as they are).
*Be careful not to be injured by the sharp edge.

Attention **Spray cans (including aerosol)/ gas canisters should also be thrown away on Can day!**

Fires caused by spray cans occur frequently!
Be sure to **punch a hole in the can after you have completely used up the product inside. Do so outdoors and far away from open flames.**
Dispose of it **on the day for cans.**
*If the nozzle cannot be removed, throw the can away as is.

Attention **Items that do not go in this category**

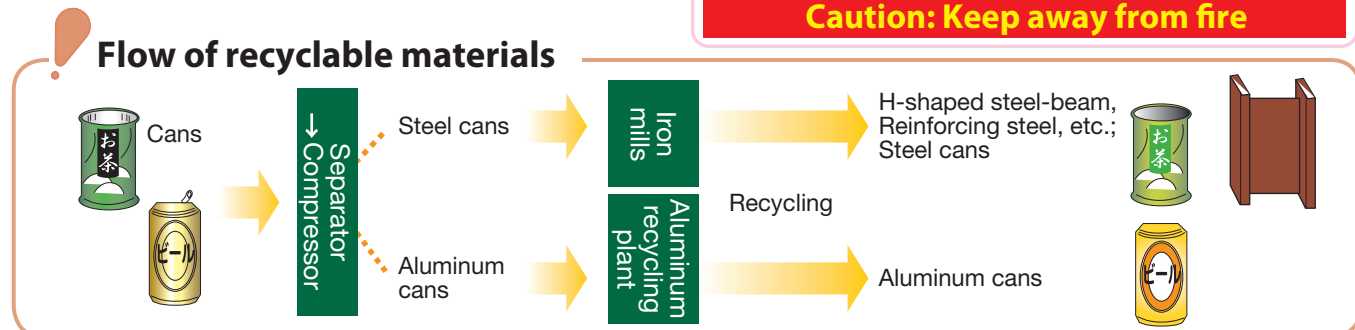
- Empty paint cans (other than spray cans)
- 18-liters or larger empty can

Go in **Non-burnable Garbage**

Spray cans (including aerosol) and butane gas can disposal

- 1 Use contents up completely**
The disposal method is written under 使用上の注意 (warning).
- 2 Put a hole in it**
Use a hole punch available for purchase at retailers. Be careful that the contents do not get on your face or body.
- 3 Throw the can away on the day for Cans**
Cans go into the same disposal nets (blue nets) as beverage cans on the day for Cans

Caution: Keep away from fire



Plastic Bottles on the day indicated as **ペット** (PET) **Once per two weeks collection**

Put them directly into a **Green net bag** located at collection site.

*Toyono district: Once a month collection at the designated collection site

Look for this recycling symbol!

PET

Plastic bottles of beverages/alcohol/soy sauce variations/ mirin cooking wine/vinegar/non-oil salad dressing

*Certain bottles have the PET mark only on the label, not on the bottle, and **can be thrown away as Plastic Bottles.**

*Remove the label and cap. Rinse the inside lightly to remove residue before disposal.
*Throw bottles away as is or crush lightly.
*The ring around the neck can be left on.

Accepted

1. Bottles with the PET mark
2. Bottles that do not have the PET mark on the bottle, but have it on the label

Not accepted

Plastic bottles without the PET mark on the bottle or label

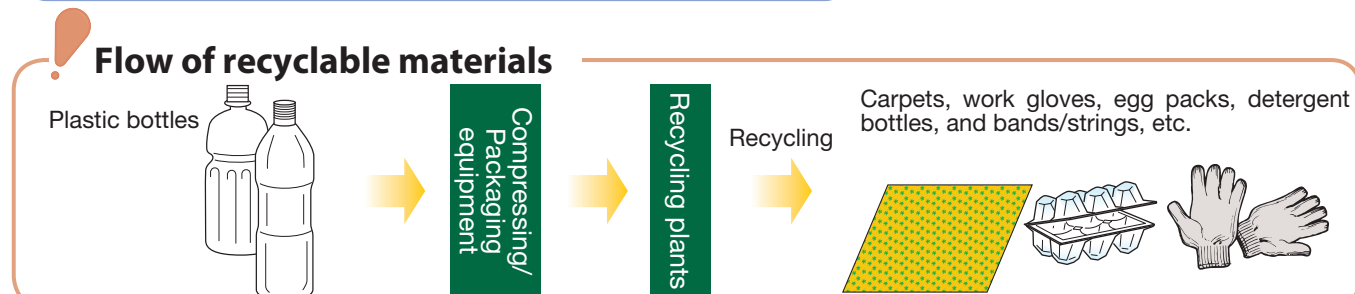
Attention

- Caps and labels
- Plastic bottles without the PET mark


Go in **Plastic Packages**
(Paper labels go in Burnable Garbage)

- Plastic bottles made into crafts and other items

Go in **Burnable Garbage**



Disposal at Collection Sites **Recyclables**

Bottles on the day indicated as  (Bottles) on the Calendar

Every 4 weeks collection

Classify into 3 colors and place them directly into the respective color containers matching to each category.

*Toyono district: Once a month collection at the designated collection site

① Clear

White Container



Broken bottles can be also placed in it (Be careful not to be injured)

*Do not wrap in paper.

② Brown

Brown Containers



No need to remove labels

③ Other colors

Blue Containers



If ring part remains on the bottle rim when the bottle cap is removed, such bottle may be disposed of as it is

*Remove the cap and rinse the inside lightly before disposal.

*If you do not know which color container to put it in, put it in the blue container.

Attention Items that do not go in this category

- Ceramic wares, cosmetics bottles, empty medicine bottles (household medicine bottles go in bottles), milk-glass bottles

→ **Go in Non-burnable Garbage**

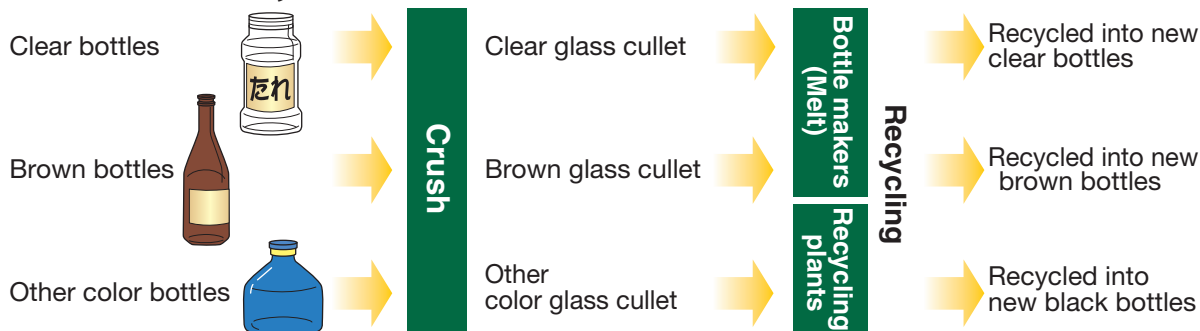
- Bottle caps (plastic) → **Go in Plastic Packages**

Hints

Beer bottles, 1.8-L bottles, milk bottles, etc. can be repeatedly used by cleaning, which are referred to as **"Returnable Bottles"**. Return these bottles to retailers for recycling or take them to any Group Resource Collection by schools or communities preferably.


Check this mark! → 

Flow of Recyclable materials



*Blind persons may put bottles in a plastic bag and throw them away at disposal sites without separating them if a Braille sticker is attached to the bag.

Contact the Living Environment Management Section for the stickers.

Dry cell batteries on the day indicated as  (Bottles) on the Calendar

Every 4 weeks collection

Put them directly into a Red container located at collection site.

*Toyono district: Once a month collection at the designated collection site

Attention Rechargeable batteries and button batteries should be dropped off at participating stores



* Lithium ion coin cell batteries go in Non-burnable Garbage. Insulate with adhesive tape before disposal.

Contact

Rechargeable batteries
JBRC
☎ 03-6403-5673
<http://www.jbrc.com>

Button cell batteries
Button Cell Battery Collection Promotion Center
☎ 0120-266-205
<http://www.botankaishu.jp>

Yard Waste • on the day indicated as **枝葉** (Yard) • **Once a week collection from April to December**
on the Calendar

Yard waste is collected as Recyclables from October 1, 2009. (No fee is charged for collection)

As most of residents in the **Togakushi, Kinasa, Ooka, Shinshu Shinmachi, and Nakajo** districts dispose of yard waste at home, the City does not collect it. If you cannot process the waste at home, please drop it off at **Sunday Recycle events** held at the Togakushi, Kinasa, Ooka, Shinshu Shinmachi, or Nakajo Branch Office from April to November ➡ (See page 11).

- **Yard Waste and Bamboo**
- **Grass and flower clippings**
- **Stalks and leaves from vegetable gardens**
*Food waste goes in **Burnable Garbage**
- **Weeds** ● **Leaves**

Warning 1 Each limb must be less than 25 cm in diameter.

Warning 2 Invasive alien species, such as bur cucumber and tickseed, and pest (fall webworm) infested branches go in **Burnable Garbage**.

Bundles less than 50 cm in Diameter

There are no designated bags.

1. Bundle up the branches with twine or vinyl rope OR
2. Put them into **transparent bags**.

*Oversized Garbage Stickers are not required in either case.

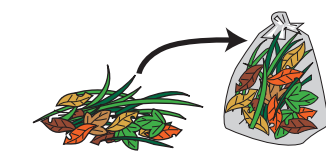
*You may use old designated bags for yard waste (fee sticker not required).

*Shopping bags that you cannot see inside of are not accepted

Remove as much soil as possible before putting waste in the bag.

Cut to no longer than 1 m in length

Wire/cord not accepted
Straw/hemp rope preferred



*Do not put small pieces of garbage, such as cigarette butts, in the bag.

Disposal of large amounts of garbage

Option 1 You may place only appropriate amount at collection site on a collection day and place the rest on the following collection days.

Option 2 You may drop off at the Nagano City Recycle Center (free of charge), only when you bring items in yourself.
➡ See page 13

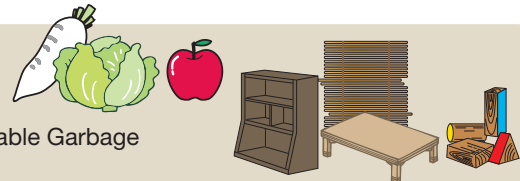
Items that do not fall into a particular category will be treated as **Burnable Garbage** (for a fee).

The drop-off site for **枝葉** (Yard) waste is the same site as for **プラ** (Plastic Packages).

Thank you for your continuous help in processing yard waste at your farm, etc.

Attention Items that do not go in this category

- Vegetables, fruits, and cooking scraps } ➡ Go in **Burnable Garbage**
- Timber, wooden furniture, bamboo items, etc. } ➡ Go in **Burnable Garbage**
- Agricultural or commercial yard waste ➡ Not Accepted ➡ Goes to a waste management facility



Attention Yard waste is not collected from January to March (December to March for Togakushi, Kinasa, Ooka, Shinshu Shinmachi, and Nakajo Districts)

Yard Waste collection is not provided with Recyclables at disposal sites (or Sunday Recycle events for Togakushi, Kinasa, Ooka, Shinshu Shinmachi, and Nakajo Districts)

Any yard garbage generated during this period should be stored until April or may be thrown away as **Burnable Garbage**.

To dispose as **Burnable Garbage**, put it out with other **Burnable Garbage** (disposal fee is charged).

*Disposal is free when you bring the waste directly to the Nagano City Recycle Center (see page 13).

Flow of Recyclable materials



Disposal at Collection Sites

Burnable Garbage

on the day indicated as
可燃 (Burnable Garbage) on the Calendar

Twice a week collection

Put them in a designated bag and drop off at collection site.

For an item that are too large to fit in a designated bags, tie a string around it and affix a Over-sized Garbage Sticker before disposal.

(Items that fit in the garbage truck.

Max dimensions of an item that you may place at your local garbage collection site are about

1 m x 50 cm x 50 cm)

*Purchase Designated Bags, Oversized Garbage Stickers and prepaid Stickers at authorized stores.

*Garbage disposal fee is charged from October 1, 2009.

For Burnable and Non-burnable Garbage)
Oversized Garbage Stickers



For Burnable garbage



Former Designated Bags for Burnable garbage



Prepaid Stickers

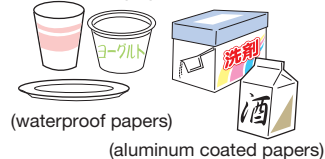


*Affix according to the bag size

Papers that are not recyclable

◆ Soap/detergent packaging (because the odor cannot be adequately removed)

◆ Converted papers



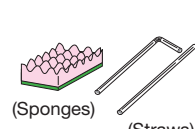
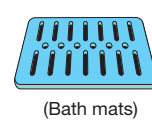
◆ Shredder paper

◆ Paper diapers

◆ Photographs

Remove human waste

Soft Plastic products (Products themselves)

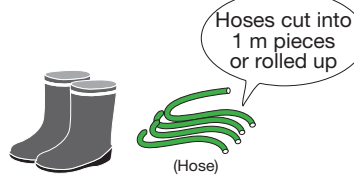


Leather goods/Clothes

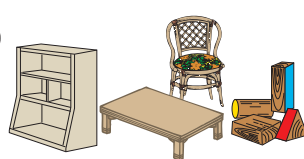


Power cord units of electric blankets and electric carpets go in Non-burnable Garbage

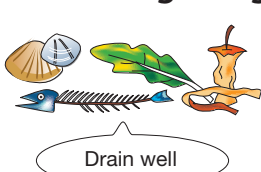
Rubber items



Wooden items



Kitchen garbage



Drain well

Plastic Packages with obstinate contamination not removed



Residue-eliminated ones go in Plastic Packages

Since tape gets caught in the garbage crusher, it goes in Burnable Garbage. The cassette goes in Non-burnable Garbage.

Others

(Ice packs (soft type), drying agents, disposable heat pads, etc.)



Before disposal of fireworks/cigar-butts, soak them in water

Remember!

Any garbage put in a bag other than Designated Bags or in a corrugated container is not collected regardless of an Oversized Garbage Sticker.

***Private burning is prohibited by law.**

Burnable Garbage as of April 2019

Ash Collected on calendar days with the Burnable Garbage mark. 可燃 Put it in a durable, water-resistant bag and write 灰 (ash) on the bag.

Attention

Contact the Living Environment Management Section (☎ 026-224-7635) about Dondoyaki Ceremony ash.

No collection fee required.



Hints

Hint 1

It's "kitchen garbage" that accounts for 40 % of Burnable Garbage. The most common cause of odor and weight of kitchen garbage is water remaining it. The best way to handle kitchen garbage feeling at ease is "Avoid exposure to water" and "Drain well!"



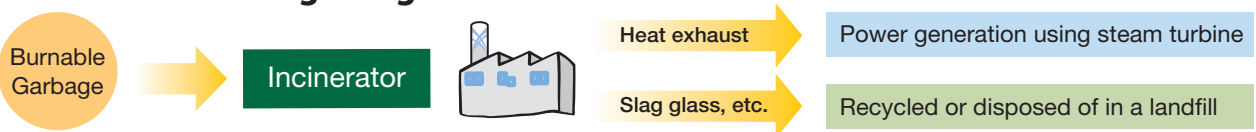
Hints

Hint 2

Small papers, such as those from notepads, that often end up in Burnable Garbage should be recycled along with other old paper. Set a bin for recyclable papers nearby a bin for Burnable Garbage.



Flow of Burnable garbage



*Slag Glass Ash from the incinerator is heated in a melting furnace at temperatures of 1,300 °C and higher. After it melts, it is cooled with water, forming glass.

Disposal at Collection Sites

● Non-burnable Garbage on the day indicated as 不燃 (Non-burnable Garbage) on the Calendar

Every 4 weeks collection

Put them in a designated bag and drop off at collection site.

For an item that is too large to fit in a designated bag, tie it with string and affix a Over-sized Garbage Sticker before dispose.

(Items that fit in the garbage truck.

Max dimensions of an item that you may place at your local garbage collection site are about

1 m x 50 cm x 50 cm.)

*Purchase Designated bags which are available at any retailer who is authorized to sell them by the City (supermarkets, drug stores, home improvement centers, etc.).

*Garbage disposal fee is charged from October 1, 2009.

For Burnable and Non-Burnable Garbage)

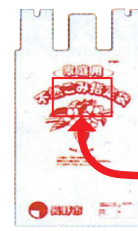
Oversized Garbage Stickers



For Non-Burnable garbage



Former Designated Bags for Non-Burnable garbage



Prepaid Stickers

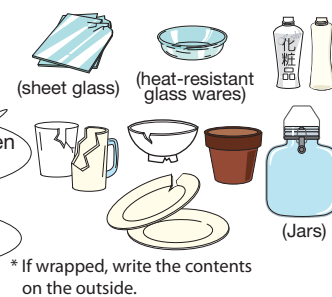


*Affix according to the bag size

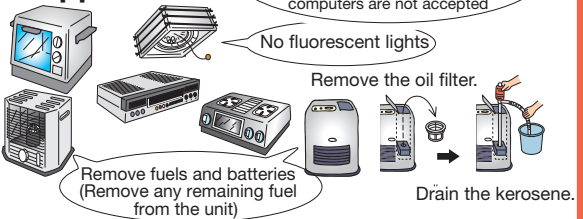
● Metal items



● Ceramic wares/ Glass wares



● Electric appliances

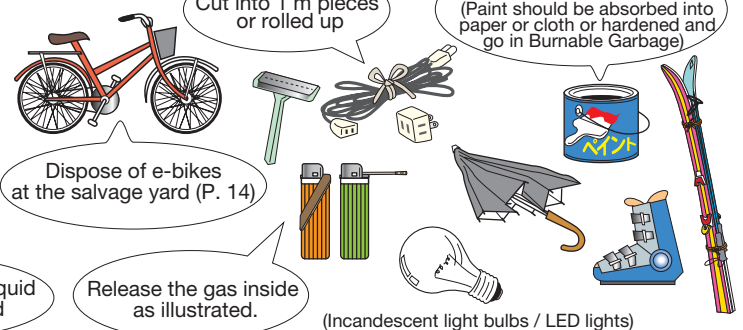


Certain household appliances may be disposed of through small home appliance recycling (free collection). → See page 12

● Hard Plastic products (Products themselves)



● Others



Remember! Any garbage put in a bag other than designated bags or in a corrugated container is not collected if it bears an Oversized Garbage Sticker.

Return mobile phones and smart phones (main unit, battery, and charger) to retailers.

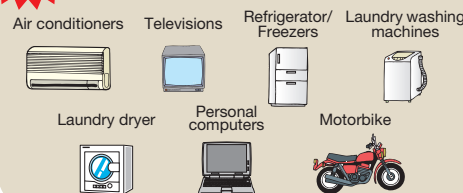


Disposal of unbroken fluorescent tubes at supportive collection sites → See page 11

Attention You should bring some items directly to the Nagano Recycle Center. Not all items are accepted at the Center.

→ See pages 13 and 14

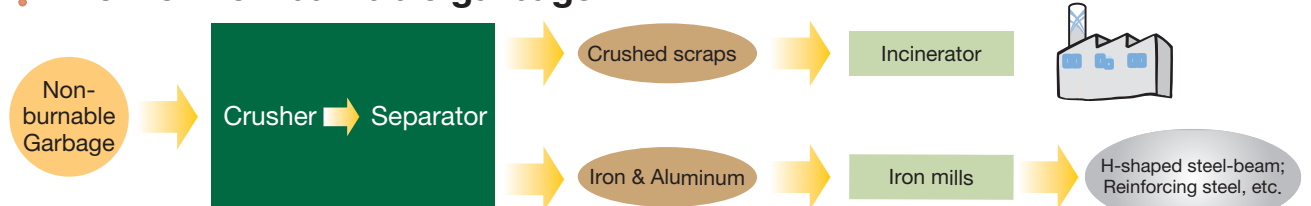
Attention You will have to follow correct procedures for disposing of items to be collected and processed by manufacturers.



You may not drop-off such items at collection site.

→ See pages 15 and 16

Flow of Non-burnable garbage



Collection Not at Disposal Sites

Sunday Recycle

Recyclables are collected at Sunday Recycle, events held in the corners of supermarket and other parking lots. Please make use of such events when shopping.

Collection hours

10:00 a.m. to 1:00 p.m. (common to all sites)

Collection items

* Bottles, Cans, Plastic bottles

Be sure to rinse the inside before taking to the site.



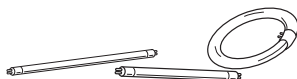
* Paper

Classify into "Newspapers with flyers", "Magazines and other old paper", and "Cardboards" and tie a string crosswise and lengthwise around each item and drop-off them at collection site.



* Fluorescent tubes

Protecting them from being broken, such as putting each in a box of purchase, bring them carefully. (About 10 lights)



* Dry cell batteries

Rechargeable batteries as well as button cell batteries are not collected.



* Waste plant-based cooking oil

Pour the oil into a container for the collection placed in the site. Please bring your empty bottle back.

(Some sites do not provide collection service for cooking oil.)



* Yard waste, etc.

See page 8 for how to dispose. (Some sites do not provide collection service.)

* Small home appliances

(Some sites do not provide collection service.)

Collection sites and schedule

See the Sunday Recycle schedule released every March or the City website.

Attention

- Any item must not be placed other than during the Collection Hours.
- Any item from business firms will not be collected.
- Collection sites and items are subject to change.

Disposal of fluorescent lights at collection sites (besides Sunday Recycle)

Fluorescent lights are collected at designated sites and recycled.

Accepted items

* Straight fluorescent tubes



* Circline fluorescent tubes



* Fluorescent bulbs



Fluorescent lights may not be thrown away at disposal sites.

Attention Items that do not go in this category

- Incandescent light bulbs
- LED lights
- Glow lamps
- Broken fluorescent lights
- Light fixtures
- Commercial lighting

Go in Non-burnable Garbage

Attention Throw away broken fluorescent lights at disposal sites on Non-burnable Garbage days

Collection sites

Retailers collecting fluorescent lights

Retailers collecting fluorescent lights are marked by this sticker. (See the list to the right for participating retailers)

Bring them to retailers during store hours and pass them to store personnel.

City Hall branch offices (27 locations), liaison offices (Nobusato and Shigarami), Living Environment Management Section (3rd floor of City Hall Building No. 2)

Bring them in between 8:30 and 17:15 on weekdays and pass them to any personnel.

Attention In order to avoid breaking them, bring them in the box or bag they came in, if possible.



Collection Not at Disposal Sites

Disposal of used small home appliances at collection sites (from 2015)

Accepted items

Electrical devices (including battery-powered ones) that meet the following conditions:

- ① Items that were used at home but are not needed anymore. (commercial items not accepted)
- ② Max dimensions: 1 m × 50 cm × 50 cm
- ③ Items that can be carried by one person (approx. 20kg or less)



Items that are not accepted:

- Items included in the Home Appliance Recycling Law (air conditioners, televisions, refrigerators/freezers, washing machines/dryers)
- Devices with personal information or devices from which external storage devices have not been removed
- Items from which batteries, fluorescent lights, light bulbs, gas cylinders, kerosene, and toner cartridges have not been removed.
- Items that are mostly cloth or wood (kotatsu tables, electric blankets, wooden speakers, etc.)
- Items that have been disassembled, fragments of parts
- Items containing fluorocarbon or oil (dehumidifiers, oil heaters, etc.)

- Note**
- You are responsible for deleting personal information from mobile phones, computers, and other devices that may contain personal information.
 - Be sure to remove memory cards and other external storage devices.
 - Do not place items in plastic bags or cardboard boxes. (Oversized Garbage Stickers are not required.)
 - Items may be refused if the amount appears to be more than an amount from home (e.g. 5 of the same items or less)

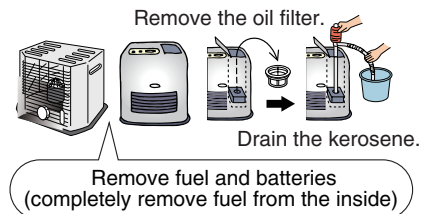
Collection sites

- ① **Retailers collecting small home appliances** See the list below for participating retailers.



Electronic stores within the city that collect small home appliances are marked by this sticker. **Bring them to retailers during store hours and give them to store personnel.** See the list below for participating retailers.

E.g. Telephones, mobile phones, radios, cameras, video cameras, DVD recorders, VHS recorders, CD/MD players, digital audio players, computers, monitors, printers, calculators, rice cookers, hair dryers, lighting apparatuses (except fluorescent lights and light bulbs), electric watches, game consoles, microwaves, electric kettles, hot plates, fans, vacuums, irons, electric stoves, fan heaters



- ② **Collection at Sunday Recycle** See the page to the left for details.

List of retailers available for fluorescent-lamp collection

(Retailers in yellow cells with circled numbers collect small home appliances) (area code: 026)

(as of April 2019)

| Code | Store name | Telephone | District | Code | Store name | Telephone | District | Code | Store name | Telephone | District |
|------|------------------------------------|-----------|-----------------------------|------|----------------------------|-----------|--------------------------|------|------------------------------|-----------|-------------------------------|
| 1 | Yamatoya Shoten | 256-2034 | Kinasa | 35 | Hokushin Denki Shokai | 233-0241 | Dai-san (Higashi-tsurga) | 69 | Suzuki Denki | 285-2426 | Kohoku (Tamaki) |
| 2 | Wada Denka Service | 254-2088 | Togakushi (Toyooka) | 36 | Shoei Denki | 234-2711 | Dai-san (Yanagimachi) | 70 | Amaya Denki | 284-2840 | Kohoku (Tanbajima) |
| 3 | Ota Denka Center | 226-8727 | Amori (Koichi) | 38 | Shimoda Denki | 232-6547 | Miwa 4 | 72 | Nakazawa Denki | 284-5771 | Kawanakajima (Kamihigano) |
| 8 | Denka no Sankyo | 228-2787 | Amori (Sashide) | 39 | Panamate Kitano | 235-1211 | Miwa 8 | 73 | Aoki Radio Shop | 284-4182 | Kawanakajima (Kamihigano) |
| 9 | Futaba Denki Shokai | 226-5487 | Amori (Sashide) | 40 | Yanagisawa Denki | 233-0533 | Miwa 8 | 74 | Denki no Nagata | 291-1955 | Kawanakajima (Hara) |
| 10 | Kitazawa Denki | 227-8464 | Dai-go (Nakagoshō) | 41 | San-ai Shokai | 241-2802 | Dai-ni (Uematsu) | 75 | Suzuki Denka Service | 284-1312 | Kawanakajima (Kamihigano) |
| 11 | Tanaka Denki | 227-2223 | Serita (Kurita) | 42 | Denkyo | 244-4314 | Dai-ni (Uematsu) | 77 | Kasuga Denki | 278-3733 | Matsushiro (Toyoaka) |
| 13 | Panelife Serita Shop | 228-6149 | Serita (Kurita) | 44 | Obinata Denki Shokai | 241-2292 | Miwa 9 | 78 | Nakamura Dengyosha | 278-2684 | Matsushiro (Matsushiro) |
| 15 | Yumoto Denki | 221-4465 | Serita (Hizume) | 46 | Wada Denka Center | 243-3389 | Komaki (Hirabayashi) | 80 | Maruyama Denki | 292-2349 | Shinonoi (Okada) |
| 17 | Sakai Kaden | 226-7622 | Serita (Minamimata) | 47 | Denka no Wako Nakano Kaden | 243-5449 | Komaki (Higashiwada) | 81 | Hinode Denki | 292-1683 | Shinonoi (Takada) |
| 18 | Toei Denki | 227-1088 | Serita (Nanase) | 48 | Daiya Denki | 244-5950 | Komaki (Higashiwada) | 82 | Miyazawa Denki | 293-2605 | Shinonoi (Kassenjo) |
| 20 | Hattori Denki Shokai Wakasato Shop | 227-3409 | Serita (Wakasato) | 49 | Denkido | 244-3662 | Asahi (Kitaowaribe) | 83 | Okitsu Denki Service | 293-3733 | Shinonoi (Onbegawa) |
| 21 | Hattori Denki Shokai Nakagoe Shop | 247-8217 | Wakaho (Watauchi) | 50 | Life Helper Ishibashi | 243-7455 | Yoshida 5 | 85 | Bunka Denki | 292-0542 | Shinonoi (Takada) |
| 23 | Okumura Sangyo | 226-7184 | Dai-go (Minami-ishido) | 52 | First Denki | 259-9374 | Wakatsuki-danchi | 86 | Okawa Shokai | 257-2153 | Toyono (Toyono) |
| 24 | Ueno Kaden | 243-1147 | Asahi (Kitanagaikae) | 53 | Wakatsuki Denki | 241-3560 | Wakatsuki-danchi | 87 | Okawayama | 257-2189 | Toyono (Toyono) |
| 26 | Suzuki Dengyo | 234-3628 | Dai-yon (Agatamachi) | 54 | Mito Denka Center | 241-0198 | Wakatsuki (Tokuma) | 88 | Matsuzawa Denki | 257-2802 | Toyono (Kanisawa) |
| 29 | Nomata Denki | 243-3297 | Yanagihara | 55 | Step-In Chimura | 241-6185 | Wakatsuki (Tokuma) | 89 | Matsuki Denki | 274-5412 | Kohoku (Kita-Higano) |
| 30 | Iburi Denki Shokai | 232-0377 | Dai-yon (Minamiagata-machi) | 58 | Kubota Denki Service | 296-3111 | Asahi (Kitabori) | 90 | Shimizu Denki | 262-2314 | Shinshu Shinmachi (Kamiji) |
| 31 | Aoki Radio | 232-4623 | Dai-go (Higashimachi) | 59 | Kubota Denki Yoshida Shop | 243-3855 | Yoshida 4 | 91 | Sankyo Denshi Shinmachi Shop | 262-3332 | Shinshu Shinmachi (Shinmachi) |
| 32 | Nagano Denka Service | 232-3482 | Dai-ni (Miwa 7) | 60 | Takatou Shokai | 296-9402 | Naganuma (Omachi) | 92 | Shin'etsu Denki | 262-2167 | Shinshu Shinmachi (Shinmachi) |
| 33 | Joto Denki | 234-1484 | Dai-ni (Uematsu) | 61 | El Compass Taiyo | 295-5880 | Yanagihara | 93 | Kohoku Denkado | 285-0606 | Kohoku (Otsuka) |
| 34 | Kodensha | 241-0001 | Asakawa (Kagurabashi) | 62 | Hanaoka Denki | 244-6887 | Yanagihara (Murayama) | | | | |
| | | | | 64 | MJD Komamura | 282-3530 | Wakaho (Watauchi) | | | | |

(Number = registration number)

Collection Not at Disposal Sites

Direct Drop-off

Drop-off location

Greater Nagano Region Union
2-27-1 Matsuoka, Nagano
☎ 026-222-5301

◆ All garbage except
burnable garbage

(Non-Burnable
Garbage, Plastic
Packages, Paper,
Cans, Bottles, Plastic
Bottles, Yard Waste)

Nagano City Recycle Center
(Formerly the Nagano City Refuse Center)
2-42-1 Matsuoka, Nagano
☎ 026-221-5316

☞ See the guide map on the page to the right.

As for bulky items that may not be placed at disposal sites (such as large furniture), including temporary large amounts of garbage generated by moving or a big clean-up, you may take them directly to the Nagano City Recycle Center, or request any authorized private waste hauler or the Center to pick them up.

*See the City website or phonebook for authorized private waste haulers.

Reception hours

Weekdays...8:30 to 11:30 and 13:00 to 16:30 Saturday...8:30 to 11:30 (Closed afternoons)

● Closed on Sundays and holidays (May be closed for inspection and closed around New Year's Day, etc.)

Fees (Garbage Disposal)

(updated April 1, 2019)

| Classifications | | Garbage disposal fee |
|----------------------|--|----------------------|
| Burnable Garbage | | ¥160/10 kg |
| Non-burnable Garbage | | ¥170/10 kg |
| Recyclables | Plastic Packages, Papers, Cans, Bottles, plastic bottles | ¥30 per 10 kg |
| | Yard waste* | Free |

*Yard waste must be brought in directly. Refer to page 8 for the length and width of branches that can be brought in. Items that do not meet the guidelines may not be accepted.

*Yard waste brought in by certain haulers may not be accepted.

Instructions for drop-off

Separate waste as you would if you were throwing it away at the disposal site. Put it in a clear bag or tie it up with rope. Large items that do not fit in a bag can be brought in as is.

Attention

- Do not use designated bags or Oversized Garbage stickers.
- Since the contents cannot be seen, do not use non-clear bags or cardboard boxes.

If you cannot take waste to the Center

Option 1 Contact an authorized hauler

Option 2 Request that the city do it. Appointment based
Contact the Nagano City Recycle Center.
☎ 026-221-5316

City collection fee (as of April 1, 2019)

| Classifications | fee |
|----------------------------------|---------|
| Up to a full 2 ton truck | ¥25,800 |
| Up to half a 2 ton truck | ¥16,300 |
| Up to a quarter of a 2 ton truck | ¥11,600 |

*Bring waste to an easy to load location.

*Includes both collection and disposal fee

Items that may be brought directly to the Center (examples)

Items that can be thrown away at disposal sites The following items cannot be thrown away at disposal sites (examples)

Burnable Garbage

Tatami mats (up to 16 mats/day), large furniture, etc.

Non-burnable Garbage

Tire wheels (metal/aluminum), tire chains (metal), jack (non-hydraulic), roof rack (up to 1.8 m), wheelbarrows (home use), brush cutters (electric, up to 1.8 m), chain saws, ladders (iron/aluminum; up to 3 m), pickaxes, hammers (large), water heaters (up to 1.8 m), dish washers (large), bathtubs, toilets (ceramic), tatami-mats, iron pipes, iron beams, iron plates, iron poles (up to 1.8 m), iron alleys, dumbbells, fences (up to 1.8 m), drum cans (200 liters, empty), pedal sewing machines, organs, electric pianos (over-size items should be brought to the salvage yard), ping-pong table, bowling pins, etc.

Pet Cremation

● Individual cremation ended in March 2019. **Contact a private pet crematorium.**

● General incineration (as Burnable Garbage) is handled by the Nagano Environmental Energy Center.
Disposal fee: ¥160/10 kg

Other

If you find dead animals, such as dogs and cats on the road, please contact the Nagano City Recycle Center (☎ 026-221-5316)

Contact

Nagano City Recycle Center (Formerly the Nagano City Refuse Center)

☎026-221-5316

*As of March 2019, management of Burnable Garbage was transferred from Nagano City to the Greater Nagano Region Union

Greater Nagano Region Union

Nagano Environmental Energy Center

(Inquiries about the facility ☎ 026-221-5301)

Collection Not at Disposal Sites

Disposal Not Handled by the City

The following items go to the salvage yard (for a fee)

Make an appointment on the phone before bringing the items yourself.

Accepted Items

Roof tiles, bricks, drying frames, concrete blocks, water heating appliances, coiled spring sofa/mattresses*1, electric home-care beds, electric wheelchairs, electric healthcare devices, electric bicycles, oil heaters, pickling stones (plastic-coated), tires (and wheels), hydraulic jacks, pumps, bowling balls, etc.

Cannot be thrown away at disposal sites

How to make an appointment (appointment required)

Contact Nagano City Recycle Center

☎026-221-5316

Reception hours Weekdays 8:30 to 17:15 (except public holidays)

Number of spots 30 people/day (first-come, first-serve)

Instructions for drop-off (self)

Location: Salvage yard (Refer to the map below.)
2-23-24 Matsuoka, Nagano

Hours: Every 2nd and 4th Saturday 8:30 to 11:30

Fee: Pay on site

*1 Aside from the salvage yard, coiled spring sofa/mattresses, are also accepted by authorized waste haulers (for a fee).

Authorized Haulers

Naotomi Shoji Co., Ltd. ☎ 026-222-1887

Takara Shigen Kaihatsu Co., Ltd. ☎ 0120-030-320

Equal Zero Co., Ltd. ☎ 026-221-8080

Option 1 Request that one of the above companies collect and dispose of the item(s).

Option 2 Contact one of the above companies and bring the item(s) there yourself.

Items not handled by the City

The City does not collect or accept drop-off for the following items

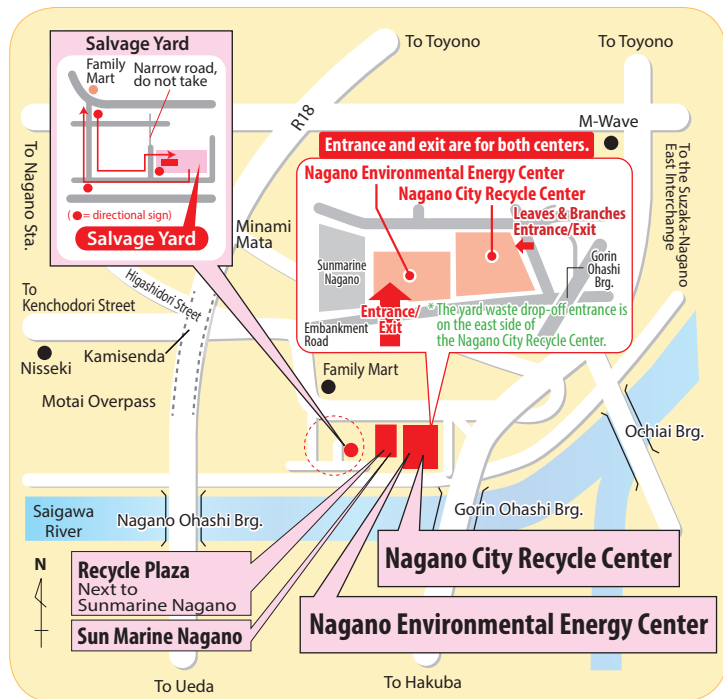
Items

Stones, sand, soil, calcium chloride, gasoline, diesel fuel, kerosene, oil, extinguishers, paint, paint thinner, vehicles, motorbikes, scooters, generators, batteries, engines, snow plows, farm machines, LP gas cylinders, agrichemicals, gunpowder, poisons, pianos, liquids, commercial waste (including agricultural waste), bulky items, etc.

Cannot be thrown away at disposal sites

Please bring the item(s) back to the store where you bought each item or request that proper people in charge of waste disposal take care of them (for a fee)

Nagano City Recycle Center Nagano Environmental Energy Center Recycle Plaza Salvage Yard Guide Map



Disposal Not Handled by the City

Recycling Fire Extinguishers

Option 1 Bring to a designated collection site (for a fee). Designated collection sites: Naotomi Shoji Co., Ltd 3397-6 Mamejima ☎026-222-1880 (main line) ☎026-222-1882(direct line)

Option 2 Bring directly to the appropriate counter or request that the item be taken care of (for a fee)
Appropriate counter: Check the website at the URL below or contact the City ☎ 026-224-7635)

Option 3 Request collection via Yu-Pack (for a fee)
Call center: ☎0120-822-306

Recycling sticker

As of 2010, all domestic fire extinguishers have a recycling sticker.
In the event that there is no recycling sticker, a sticker fee is required.

→Inquiries

Fire Extinguisher Recycling Promotion Center ☎03-5829-6773 (URL) <http://www.ferpc.jp>

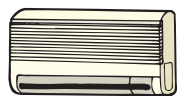


Collection/Processing by Manufacturers

Electric Appliance Recycling

Items that go in this category

* Air conditioners



* Televisions
(CRT/liquid crystal/plasma TVs)



* Refrigerator/
Freezers



* Laundry washing
machines



* Laundry dryer



Disposal at collection site is not accepted

Instructions for recycling

You can dispose of used appliances by either of the following options.

- Option 1** : Request the retailer who before sold the appliance to take-back it or request the retailer who will sell the replacement appliance to take-back the used one.
- Option 2** : After paying the Recycling fee at the post office (give the brand and size), take the item directly to any designated drop-off recycling locations by yourself.
- Option 3** : After paying the recycling fee at the post office, request pickup by an authorized hauler.

*After paying the recycling fee at the post office (except for Kan'i Post Office), take the recycle ticket you receive and the appliance to the party accepting it.

*For options 1 and 3, you will need to pay a collection fee in addition to the recycling fee. Check with the relevant party.

Recycling fee (includes consumption tax)

Recycling fee varies among manufacturers, etc. For the payment at post office, fund transfer fee will be separately charged.

| Accepted Items | | | Recycling Fee (tax incl.) |
|---|----------------------------|--------------------------|---------------------------|
| Air conditioners | | | ¥972-¥9,720 |
| * Air conditioner recycling fee | | | |
| Nojima Co., Ltd.; Fifty Co., Ltd.; Yamazen Co., Ltd.; and Iris Ohyama Inc..... ¥2,041 | | | |
| Yanmar Co., Ltd.....¥9,720 (all makers besides those above)¥972 | | | |
| Televisions (framed CRT) | Differentiation by size | Large (16 in or larger) | ¥2,376-¥3,634 |
| | | Small (15 in or smaller) | ¥1,296-¥3,094 |
| | No differentiation by size | | ¥2,376-¥2,916 |
| Televisions (LCD, plasma) | Differentiation by size | Large (16 in or larger) | ¥2,916-¥3,688 |
| | | Small (15 in or smaller) | ¥1,836-¥3,148 |
| | No differentiation by size | | ¥2,916-¥3,291 |
| Refrigerators/ Freezers | Differentiation by size | Large (171 L or more) | ¥4,644-¥6,037 |
| | | Small (170 L or less) | ¥3,672-¥5,497 |
| | No differentiation by size | | ¥4,644-¥4,968 |
| Washers/Dryers | | | ¥2,484-¥3,202 |

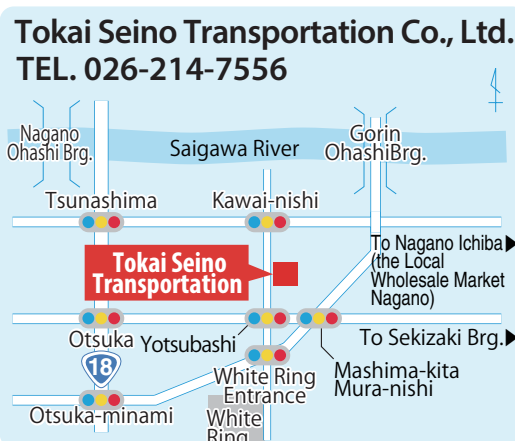
(as of March 2019)

Designated drop-off recycling locations

Place your garbage at your convenient collection site. Contact the relevant manufacturer's location for their working hours.



2060 Amenomiya, Chikuma city



Designated drop-off locations: 240-1 Muranishi, Kawai, Mashima-machi, Nagano

Contact

For manufacturer names and recycling fees, etc.

Electric Appliance Recycling Coupon Center (RKC)

URL: <http://www.rkc.aeha.or.jp>
☎ 0120-319-640

For details on designated drop-off recycling locations and Licensed Hauler, contact

the Living Environment Management Section at

☎ 026-224-7635
026-224-5035

Collection/Processing by Manufacturers

● Recycling of PCs

Thank you for your cooperation in “PC Recycling” program to encourage collection and recycle of personal computers that are no longer used.

➡ For free computer recycling through Small Home Appliance Recycling, see “Disposal of used small home appliances at collection sites” (page 12).

▶ Items that go in this category ◀

*Desktop personal computers
(mainbody)



*Notebook personal computers



*CRT monitors/All-in-one computers



Be sure to purge all data before disposal!

*Liquid crystal monitors/All-in-one computers



*Standard accessories contained in a package at purchase (including mouse, keyboard, speakers, cables) can be collected together.

Disposal at collection site is not accepted

Attention Items that do not go in this category

- Peripherals including printers and scanners
- Word-processors-dedicated device

Go in Non-burnable Garbage
(disposal at collection site)

Mouses, keyboards, speakers, cables, and other individual items can be put into Non-burnable Garbage.

▶ Instructions for recycling ◀

Contact the relevant manufacturer directly to recycle the item properly in the designated manners.

Application : Make an application for the collection directly to the manufacturer (phone-call or access to websites).
If no manufacturer collects the item, make an application for collection to “PC3R Promotion Association”.

Payment : Pay a recycling fee in the manner designated by the manufacturer.
(Personal computer bearing a recycle mark shown below right, manufactured after October, 2003, is not required for payment)

Packaging : When you received “Yu-pack parcel slip”, package the item simply and affix the slip.

Postal transport : Take the item to your local post office (Except simple post office) or ask any post office for door-to-door collection service.
(Recycling fee includes the postage fee. The fee does not vary regardless of whether it is brought-in or picked-up, and regardless of district)

▶ Recycling fee ◀

For a recycling fee, please contact the manufacturer.

▶ Contact/Service window ◀

If the manufacturer is identified ➡ Contact the relevant manufacturer

If no manufacturer is identified, including home-assembled personal computers, contact

➡ PC3R Promotion Association URL: <http://www.pc3r.jp> ☎03-5282-7685

For a PC bearing this mark, recycling fee is not required for payment.



● Recycling of Motorcycles

Disposal at collection site is not accepted

▶ Items that go in this category ◀

Motorbikes that were manufactured or imported and domestically sold by business operators participating in motorbike recycling (including motorized bicycles). However, motorbikes from which parts have been removed, sidecars, and other pieces are not accepted.

▶ Instructions for recycling ◀

Option 1 Bring the bike and necessary paperwork to a designated collection site.
Designated collection site: Fukasawa Sangyo Co., Ltd. 2060 Amenomiya, Chikuma

Option 2 Bring the bike and necessary paperwork to a bike recycler or request for it to be collected (collection/transport fee required)
Motorbike wreckers: Contact one of the following.

▶ For inquiries about motorbike recyclers and necessary paperwork ◀

● **Motorcycle Recycling Call Center** ☎050-3000-0727 ▶9:30 to 17:00 (Except Sat, Sun, holidays, and around New Year's Day)

● **Japan Automobile Recycling Promotion Center** ▶URL(<http://www.jarc.or.jp/motorcycle/>)

Information about participating recyclers, necessary paperwork, designated collection sites/ motorbike wreckers, fees, accepted items, and more

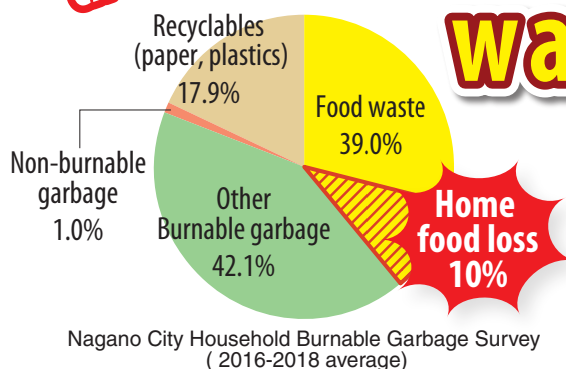


Reduction of Food Loss and Waste



Reducing food loss and

waste challenge



Household Burnable Garbage is approximately 40% food waste, and approximately one-fourth of that is food loss from throwing away edible items.

Do you ever find yourself thinking, "What a waste" ?

If each person makes an effort, we can reduce food loss.

The key to reducing garbage is reducing food waste, and food loss in particular.

Ways you can reduce food loss and waste at home

✓ Take a look!

- 1. Do not buy too many ingredients** ▶ Check what you have in your fridge and pantry before you go and bring a shopping list.
- 2. Use up ingredients** ▶ Cook them before their expiration/best buy dates.
- 3. Make what you can eat** ▶ Split and store extra in the refrigerator.
- 4. Drain well** ▶ Squeeze out water from the sink corner garbage net.
- 5. Dispose of food waste at home** ▶ Use a garbage disposal unit or compost food waste in a cardboard box.
- 6. Participate in food drives** ▶ Donate food items you will not use



* Food Drives

The City holds food drives periodically and gives donated items to people, groups, and facilities that have need of them. There are also NPOs that accept donations directly. Contact the Living Environment Management Section for details.

Please take measures and participate in the City's activities to reduce food waste.

* Subsidies are available for purchasing home-use garbage disposal units.

After you have installed the unit, register with your nearby branch office or the Living Environment Management Section to receive the subsidy.

(as of April 2019)

| Applicable disposal units | Subsidy |
|--|--|
| Electric (or manual) kitchen sink garbage disposal | Half of the purchase price (up to ¥ 30,000), 1/household |
| Fermentation container / Composter | Up to ¥ 3,000, up to 2/household |



* Dispatch of Food Waste Reduction Advisers

We can send advisers to give lectures in communities. Lectures will be organized according to your needs; for example, they offer advice on food waste composting in a cardboard box and environmentally friendly cooking. We provide base materials for food waste composting.

* Class on how to compost food waste at home (cardboard box method)

A class for first-timers. Participants will be given a cardboard box and compost.
(Class dates are listed in Koho Nagano and on the City website.)



* Collection of first-stage composted matter

First-stage composted matter (compost, etc.) from garbage disposals or other units is collected by the Living Environment Management Section.

* All measures and activities are overseen by the Living Environment Management Section, so please contact them with inquiries (TEL 026-224-5035)

Garbage Classification Index

Note 1

The items included here are subject to household waste. Any waste from business firms (including retailers, offices, farmhouses) are handled in different manners.

Note 2

Limit in size

- Acceptable size of items to be placed at collection site:
...Up to about 1 m x 50 cm x 50 cm
- Dimensions of items that can be brought in:
...Varies depending on the item. Contact the Nagano City Recycle Center (☎026-221-5316)

★ Indications of classification and reference pages for the detailed disposal ★

| Indications | Classifications | Reference pages | Indications | Classifications | Reference pages |
|---|--------------------|-----------------|---------------------------|----------------------|-----------------|
| Burn | Burnable Garbage | 9 | Non-B | Non-burnable Garbage | 10 |
| Pla | Plastic Packages | 3 | Yard | Yard garbage | 8 |
| Can | Cans | 6 | PET | Plastic bottles | 6 |
| Paper | Papers | 5 | Bottle | Bottles | 7 |
| Dry cell | Dry cell batteries | 7 | Ash | Ash | 9 |
| Drop-off at a waste management facility | | 13 | Receiving at Salvage Yard | | 14 |

SHA ... Applicable items from small home appliances are collected at Sunday Waste Management Facilities (Nagano City Recycle Center, Nagano Environmental Energy Center) and by participating retailers. See page 12 for details.

Disposal site → ○...Acceptable
X...Not acceptable

As for Togakushi, Kinasa, Ooka, Shinshu Shinmachi, and Nakajo districts, yard garbage should be taken to Sunday Recycle events

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|---|-----------------|---------------|----------------|--|
| A Aerosol cans (for hair, insecticide, and Paint) | Can | ○ | ○ | Use up completely and punch a hole. |
| Agrichemicals | — | X | X | Take them to JA or contact any waste disposal contractor. |
| Air bed | Burn | ○ | ○ | Let the air out. |
| Air conditioners | — | X | (○) | Acceptable with a Recycle Ticket purchased (fee-based) (See page 15) |
| Air purifiers SHA | Non-B | ○ | ○ | Limited in size |
| Aerobics (with motor) | — | X | X | Items that do not meet drop-off guidelines go to the salvage yard |
| Aerobics (without motor) | Non-B | X | ○ | Limited in size |
| Albums | Burn | ○ | ○ | Other materials including metal go in Non-burnable Garbage. |
| Alcoholic-sake cartons (having aluminum-evaporated inner surface) | Burn | ○ | ○ | Those having no aluminum-evaporated film go in "Paper". |
| Aluminum coated plastic bags (candy wraps/plastic) | Pla | ○ | ○ | Items bearing "Pla" mark |
| Aluminum foils | Non-B | ○ | ○ | Contaminated ones go in Burnable Garbage. |
| Aluminum wheels (vehicle) | Non-B | X | ○ | |
| Amplifiers (audio) SHA | Non-B | ○ | ○ | |
| Antennas | Non-B | ○ | ○ | Limited in size |
| Artificial tooth | Non-B | ○ | ○ | |
| Artificial turf | Non-B | ○ | ○ | Limited in size |
| Ash (only for household garbage) | Ash | ○ | ○ | Put in a durable bag and write "ash" on it |
| B Baby baths | Non-B | ○ | ○ | |
| Baby chairs | Non-B | ○ | ○ | |
| Baby strollers | Non-B | ○ | ○ | Limited in size |
| Bags | Burn | ○ | ○ | |
| Ballpoint pens | Non-B | ○ | ○ | |
| Balls (except bowling balls) | Burn | ○ | ○ | |
| Bamboo blinds | Burn | ○ | ○ | |
| Barbells | Non-B | X | ○ | |
| Basket balls | Burn | ○ | ○ | |
| Bath boilers | Non-B | ○ | ○ | With a limit in size acceptable for drop-off at Center, larger one will be accepted at Stock Yard. Remove batteries. |
| Bath mats (for washroom) | Burn | ○ | ○ | |
| Bath pumps SHA | Non-B | ○ | ○ | |
| Bathtub (metal and insulation) | — | X | X | Acceptable at Stock Yard |
| Bathtub (plastic) | Non-B | X | ○ | Limited in size |
| Bathtub (metal only) | Non-B | X | ○ | Limited in size |
| Bats (metal) | Non-B | ○ | ○ | |
| Batteries | — | X | X | Take to a retail drop-off site. |
| Battery chargers (Small ones for home-use) SHA | Non-B | ○ | ○ | |

Disposal site → ○...Acceptable
X...Not acceptable

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|--|-----------------|---------------|----------------|--|
| Beach parasols | Non-B | ○ | ○ | |
| Bedding dryers SHA | Non-B | ○ | ○ | |
| Beds (electric home-care bed) | — | X | X | Acceptable at Stock Yard |
| Beds (metal) | Non-B | ○ | ○ | Limited in size |
| Beds (wooden) | Burn | ○ | ○ | Limited in size |
| Beer bottles | Bottle | ○ | ○ | Return to the place of purchase preferably. |
| Bicycles | Non-B | ○ | ○ | Excluding electric bicycles |
| Bicycles tires | Non-B | ○ | ○ | Only rubber goes in Burnable |
| Binders | Non-B | ○ | ○ | |
| Binoculars | Non-B | ○ | ○ | |
| Bird cages (metal) | Non-B | ○ | ○ | |
| Blankets | Burn | ○ | ○ | Fold and tie a string around them. |
| Boilers | Non-B | ○ | ○ | Limited in size; Remove batteries. |
| Book shelves (non-wooden) | Non-B | ○ | ○ | Limited in size |
| Book shelves (wooden) | Burn | ○ | ○ | Limited in size |
| Boot bags | Burn | ○ | ○ | |
| Boots | Burn | ○ | ○ | |
| Bottle caps (plastic) | Pla | ○ | ○ | Metal ones go in Non-burnable Garbage. |
| Bottles (thinner, Paint, medicine) | Non-B | ○ | ○ | Use up the contents completely before disposal. |
| Bottles (nutrition drink, sake, preserving bottle, etc.) | Bottle | ○ | ○ | Rinse the inside lightly; Return returnable bottles to the place of purchase preferably. |
| Bowling balls | — | X | X | Acceptable at Stock Yard |
| Bowls (for kitchen) | Non-B | ○ | ○ | |
| Bricks | — | X | X | Acceptable at Stock Yard |
| Briquette kotatsu (heater) | Non-B | ○ | ○ | Limited in size |
| Briquettes | Burn | ○ | ○ | |
| Brooms (wooden) | Burn | ○ | ○ | Non-wooden items go in Non-burnable garbage. |
| Brush Cutter (engine-driven) | — | X | X | Acceptable at Stock Yard (Blades alone removed from a body go in Non-burnable Garbage.) |
| Buckets | Non-B | ○ | ○ | |
| Bulbs | Non-B | ○ | ○ | |
| Bumpers | — | X | X | to any waste disposal contractor |
| Bur cucumber | Burn | ○ | ○ | Invasive alien species. Leaves and branches not accepted |
| Business cards | Paper | ○ | ○ | as "Other old papers" |
| Button batteries | — | X | X | into a collection box at retailers. Lithium ion button cell batteries go in Non-burnable Garbage |
| Buzz saw (rotating blade) | Non-B | ○ | ○ | |
| C Cables | Non-B | ○ | ○ | Cut them into about 1 m lengths or bundle them. |
| Cake boxes (paper) | Paper | ○ | ○ | as "Other old papers" |
| Cake boxes (steel) | Can | ○ | ○ | |
| Cameras SHA | Non-B | ○ | ○ | |
| Candles | Burn | ○ | ○ | |
| Canisters | Non-B | ○ | ○ | |
| Cans (18-liters) | Non-B | ○ | ○ | Use up the contents completely before disposal. |
| Cans (beverage, cake, tea, etc.) | Can | ○ | ○ | Paint cans go in Non-burnable Garbage. |
| Car stereos SHA | Non-B | ○ | ○ | |
| Carbon papers | Burn | ○ | ○ | |
| Cardboards | Paper | ○ | ○ | |

Garbage Classification Index

Disposal site → ○...Acceptable → As for Togakushi, Kinasa, Ooka, Shinshu (Shinmachi, and Nakajo districts, yard garbage should be taken to Sunday Recycle events)
×...Not acceptable

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|--|-----------------|---------------|----------------|--|
| Career boxes (for vehicles) | Non-B | × | ○ | Limited in size |
| Careers (for vehicles) | Non-B | × | ○ | Limited in size |
| Carpets | Burn | ○ | ○ | Limited in size |
| Cashier plastic bags | Pla | ○ | ○ | Contaminated ones should be put into Burnable Garbage. |
| Cassette decks [SHA] | Non-B | ○ | ○ | |
| Cassette gas cylinders (for camp, climbing.) | Can | ○ | ○ | Empty each one and punch a hole. |
| Cassette Stoves | Non-B | ○ | ○ | Remove batteries and cylinders. |
| Cassette tapes | Burn | ○ | ○ | Causing the crusher to get clogged (Cases go in Non-burnable Garbage.) |
| CD Compact Disc | Non-B | ○ | ○ | together with cases if any |
| Ceramic wares | Non-B | ○ | ○ | |
| Chains (metal) | Non-B | × | ○ | |
| Chains (non metal) | Non-B | ○ | ○ | |
| Chairs (wooden) | Burn | ○ | ○ | Limited in size; Non-wooden items go in Non-burnable garbage; For Spring coiled items, see the description of Sofas. |
| Chamber pots | Non-B | ○ | ○ | Human waste should be flushed down toilet. |
| Charging batteries | — | × | × | Into a collection box at retailers. |
| Chest of drawers | Burn | ○ | ○ | Limited in size |
| Chests | Burn | ○ | ○ | Limited in size |
| Child seats | Non-B | ○ | ○ | |
| Chinaware | Non-B | ○ | ○ | |
| Cine-projector (slide) [SHA] | Non-B | ○ | ○ | |
| Clay (oily/paper) | Burn | ○ | ○ | |
| Clear files | Burn | ○ | ○ | |
| Clinical thermometer | Non-B | ○ | ○ | Contact the Living Environment Management Section (224-7635) about items containing mercury |
| Clocks [SHA] | Non-B | ○ | ○ | Electric/ battery-powered items treated as [SHA] |
| Clothes | Burn | ○ | ○ | Put them in Designated bags, or fold and bundle them up with rope, if the amount is large. |
| Clothes containers | Non-B | ○ | ○ | |
| Clothes hanger (non-wooden) | Non-B | ○ | ○ | Wooden items go in Burnable Garbage. |
| Clothespin | Non-B | ○ | ○ | |
| Coffee Maker [SHA] | Non-B | ○ | ○ | |
| Combs (non-wooden) | Non-B | ○ | ○ | Wooden items go in Burnable Garbage |
| Comforters | Burn | ○ | ○ | Fold and tie a string around them. |
| Composter | Non-B | ○ | ○ | Limited in size |
| Concrete blocks | — | × | × | Acceptable at Stock Yard |
| Coolers (box) | Non-B | ○ | ○ | |
| Cooling fan [SHA] | Non-B | ○ | ○ | Limited in size. Those with fluorocarbon (CFC) go to waste management facilities |
| Cord reels | Non-B | ○ | ○ | Cord goes in separately |
| Cords | Non-B | ○ | ○ | Cut them into about 1 m lengths or bundle them. |
| Cores of wrap film rolls | Paper | ○ | ○ | as "Other old papers" |
| Corrugated boards (plastic/metal) | Non-B | ○ | ○ | Limited in size |
| Cosmetic bottles | Non-B | ○ | ○ | Ensure it is empty. |
| Cotton | Burn | ○ | ○ | |
| Cotton swabs | Burn | ○ | ○ | |
| Crayons | Burn | ○ | ○ | |
| Cups (excluding paper/ wooden ones) | Non-B | ○ | ○ | Paper/wooden items go in Burnable Garbage. |
| Curtain rails | Non-B | ○ | ○ | Limited in size |
| Curtains | Burn | ○ | ○ | Other materials including metal go in Non-burnable Garbage. |
| Cushioning materials (styrofoam) | Pla | ○ | ○ | Particle items go in Burnable Garbage. |
| Cushions | Burn | ○ | ○ | |
| Cutting board (non-wooden) | Non-B | ○ | ○ | Wooden items go in Burnable Garbage. |
| D Day bags | Burn | ○ | ○ | |
| Dehumidifiers [SHA] | Non-B | ○ | ○ | Limited in size. Those with fluorocarbon (CFC) go to waste management facilities |
| Dehumidifying agent | Non-B | ○ | ○ | Drain water. |
| Deodorizer | Burn | ○ | ○ | |
| Desk lamps [SHA] | Non-B | ○ | ○ | |
| Desks (non-wooden) | Non-B | ○ | ○ | Limited in size |
| Desks (wooden) | Burn | ○ | ○ | Limited in size; Other materials including metal go in Non-burnable Garbage. |
| Diapers | Burn | ○ | ○ | Human waste should be flushed down toilet. |
| Diatomaceous earth | Non-B | ○ | ○ | Daily goods made with diatomaceous earth (bath mats, coasters, etc.) |
| Dish washers [SHA] | Non-B | ○ | ○ | Limited in size |
| Disposable chopsticks | Burn | ○ | ○ | |
| Double wheeled carts | Non-B | × | ○ | Limited in size; Remove boards and put into Burnable Garbage. |

Waste Management/ Nagano City Recycle Center (Nagano Environmental Energy Center) → ○...Acceptable
×...Not acceptable

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|---|-----------------|---------------|----------------|--|
| Dress shirts | Burn | ○ | ○ | |
| Dressing tables (wooden) | Burn | ○ | ○ | Limited in size; Mirrors go in Non-burnable Garbage. |
| Driers | Non-B | ○ | ○ | |
| Drinking straws | Burn | ○ | ○ | |
| Dry cell batteries | Dry cell | ○ | ○ | On [Bottle] collection days; Electric-powered/electronic items treated as small home appliances. Lithium ion button cell batteries go in Non-burnable Garbage. |
| Dry-cleaning bags | Burn | ○ | ○ | |
| Dryers (clothing) | — | × | (○) | Acceptable with a Recycle Ticket purchased (fee-based) (See page 15) (Bedding dryer, etc.) |
| Dryers (other than clothing) [SHA] | Non-B | ○ | ○ | |
| Drying agents (for food) | Burn | ○ | ○ | |
| Drying frames (concrete) | — | × | × | Acceptable at Stock Yard |
| Dumbbells | Non-B | × | ○ | |
| Earth and sand | — | × | × | to any waste disposal contractor |
| Earthenware pan | Non-B | ○ | ○ | |
| Egg packs | Pla | ○ | ○ | |
| Electric heating pads [SHA] | Non-B | ○ | ○ | |
| Electric bicycles | — | × | × | Acceptable at Stock Yard |
| Electric blankets | Burn | ○ | ○ | Power cords go in Non-burnable Garbage. For cords, see "Electric cords". Only mechanical part treated as [SHA] |
| Electric carpets | Burn | ○ | ○ | Power cords go in Non-burnable Garbage. For cords, see "Electric cords". Only mechanical part treated as [SHA] |
| Electric cords/cables | Non-B | ○ | ○ | Cut them into about 1 m lengths or bundle them. |
| Electric fans [SHA] | Non-B | ○ | ○ | |
| Electric grills [SHA] | Non-B | ○ | ○ | |
| Electric guitars | Non-B | ○ | ○ | |
| Electric health appliances | — | × | ○ | Items that do not meet drop-off guidelines are acceptable at Stock Yard |
| Electric home-care bed | — | × | × | Acceptable at Stock Yard |
| Electric organs | Non-B | ○ | ○ | With a limit in size acceptable for drop-off at Center, larger one will be accepted at Stock Yard. |
| Electric razors [SHA] | Non-B | ○ | ○ | |
| Electric space heater [SHA] | Non-B | ○ | ○ | Limited in size |
| Electric tool (handy type) [SHA] | Non-B | ○ | ○ | Smoothing planes, saws, drills, etc. |
| Electric tool (non-handy type) | — | × | × | Acceptable at Stock Yard |
| Electric wheelchairs | — | × | × | Acceptable at Stock Yard |
| Electronic organs | Non-B | ○ | ○ | With a limit in size acceptable for drop-off at Center, larger one will be accepted at Stock Yard. |
| Electronic pianos | Non-B | ○ | ○ | |
| Emblems | Burn | ○ | ○ | |
| Empty bottles of agrichemicals (kitchen garden) | Non-B | ○ | ○ | Use up the contents completely and rinse out before disposal. |
| Engine Brush Cutters | — | × | × | Acceptable at Stock Yard (any blades alone removed from a body go in Non-burnable Garbage) |
| Engine oils | — | × | × | to any waste disposal contractor. |
| Extension cord | Non-B | ○ | ○ | Cut them into about 1 m lengths or bundle them. |
| Extinguishers | — | × | × | Bring to designated collection sites or counters or contact Fire Extinguisher Recycling Promotion Center 03-5829-6773 |
| F Fallen leaves | Yard | ○ | ○ | |
| Fan heaters [SHA] | Non-B | ○ | ○ | Limited in size; Remove kerosene and batteries. |
| Farm machines | — | × | × | to any dealer or waste disposal contractor. |
| Freezers | — | × | (○) | Acceptable with a Recycle Ticket purchased (fee-based) (See page 15) |
| Fertilizer bags | Pla | ○ | ○ | Smelly ones go in Burnable garbage. |
| Films (negative) | Burn | ○ | ○ | |
| Fireworks | Burn | ○ | ○ | Soak them in water before disposal. |
| Fishhooks | Non-B | ○ | ○ | |
| Fishing poles (materials other than bamboo) | Non-B | ○ | ○ | Limited in size; Bamboo ones go in Burnable Garbage. |
| Fishing strings | Burn | ○ | ○ | |
| Flashlights [SHA] | Non-B | ○ | ○ | Remove batteries. |

Garbage Classification Index

Disposal site → ○...Acceptable → ×...Not acceptable (As for Togakushi, Kinasa, Ooka, Shinshu Shinmachi, and Nakajo districts, yard garbage should be taken to Sunday Recycle events)

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|--------------------------------------|---------------------|---------------|----------------|---|
| Float ring | Burn | ○ | ○ | Let the air out. |
| Floppy disks | Non-B | ○ | ○ | Together with cases |
| Flower pots | Non-B | ○ | ○ | |
| Fluorescent lighting apparatus [SHA] | Non-B | ○ | ○ | |
| Fluorescent tubes (broken) | Non-B | ○ | ○ | |
| Fluorescent tubes (unbroken) | (Fluorescent tubes) | × | ○ | Collection at Sunday Recycle events and other drop-off locations in the city. (See page 12) as "Other old papers" |
| Flyers (direct mails) | Paper | ○ | ○ | |
| Flyers (newspaper inserts) | Paper | ○ | ○ | Tie them in a bundle with newspapers. |
| Food processors (Juicer) [SHA] | Non-B | ○ | ○ | |
| Fountain pens | Non-B | ○ | ○ | |
| Frying oil | Burn | ○ | ○ | Oil should be hardened or absorbed into paper or cloth. Liquid ones are not accepted. (Collection is also available at Sunday Recycle events: See P.11) |
| Frying-pans | Non-B | ○ | ○ | |
| Gas cooker | Non-B | ○ | ○ | Remove batteries and cylinders. |
| Gas cylinders (LPG) | — | × | × | to the place of purchase or any dealer |
| Gas heaters | Non-B | ○ | ○ | Limited in size |
| Gas lighters | Non-B | ○ | ○ | Use up completely. |
| Gas ovens | Non-B | ○ | ○ | Limited in size; Remove batteries. |
| Gas ranges | Non-B | ○ | ○ | Remove batteries and cylinders. |
| Gas stoves | Non-B | ○ | ○ | Limited in size |
| Glass boards | Non-B | ○ | ○ | Wrap them in a paper or cloth. |
| Glass tables | Non-B | ○ | ○ | Wrap glass in cloths, etc. |
| Glasses | Non-B | ○ | ○ | |
| Gloves | Burn | ○ | ○ | |
| Gloves (for sports) | Burn | ○ | ○ | |
| Go board | Burn | ○ | ○ | |
| Go stones | Non-B | ○ | ○ | |
| Goggles | Non-B | ○ | ○ | |
| Golf bags | Non-B | ○ | ○ | |
| Golf balls | Burn | ○ | ○ | |
| Golf clubs | Non-B | ○ | ○ | |
| Grass clippings | Yard | ○ | ○ | |
| Grinding stones | — | × | × | Acceptable at Stock Yard |
| Grow lights | Non-B | ○ | ○ | |
| Guitars (wooden) | Burn | ○ | ○ | Metal strings go in Non-burnable Garbage. |
| Hair clippers | Non-B | ○ | ○ | |
| Halogen heaters [SHA] | Non-B | ○ | ○ | |
| Hammers | Non-B | ○ | ○ | |
| Handbags | Burn | ○ | ○ | |
| Hanging clocks | Non-B | ○ | ○ | Remove batteries. Electric/battery-powered items treated as small home appliances |
| Harps | Burn | × | ○ | Metal strings go in Non-burnable Garbage. |
| Headphones [SHA] | Non-B | ○ | ○ | |
| Health appliances (motor-driven) | — | × | × | Acceptable at Stock Yard |
| Health appliances (non-motor-driven) | Non-B | ○ | ○ | Limited in size |
| Heat sensitive papers | Burn | ○ | ○ | |
| Heating cables for freeze protection | Non-B | ○ | ○ | Cut them into about 1 m lengths. |
| Heating pads (disposable) | Burn | ○ | ○ | Metal ones go in Non-burnable Garbage. |
| Heat-resistant glass wares | Non-B | ○ | ○ | |
| Helmets | Non-B | ○ | ○ | |
| Hoes | Non-B | ○ | ○ | |
| Hoses | Burn | ○ | ○ | Cut them into about 50 cm lengths. |
| Hot-water bottles | Non-B | ○ | ○ | |
| Humidifiers [SHA] | Non-B | ○ | ○ | Drain water. |
| Ice packs (soft type) | Burn | ○ | ○ | Hard type goes in Non-burnable Garbage |
| Injection needles | — | × | (○) | Request a doctor for take-back; If denied, take them to the Recycle Center |
| Ink cartridge | Non-B | ○ | ○ | Return to the store of purchase when possible |
| Ink ribbons for Word-processors | Burn | ○ | ○ | Causing the crusher to get clogged |
| Insect cages (non-wooden) | Non-B | ○ | ○ | Wooden items go in Burnable Garbage. |
| Insect glasses (magnifying glass) | Non-B | ○ | ○ | |
| Iron dumbbells | Non-B | × | ○ | |
| Irons | Non-B | ○ | ○ | |

Waste Management Facilities (Nagano City Recycle Center, Nagano Environmental Energy Center) → ○...Acceptable → ×...Not acceptable

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|--|-----------------|---------------|----------------|--|
| Jacks (hydraulic) | — | × | × | Acceptable at Stock Yard |
| Jacks (non-hydraulic) | Non-B | × | ○ | Limited in size |
| Juicers (Food mixers) | Non-B | ○ | ○ | |
| Karaoke equipment (household) [SHA] | Non-B | ○ | ○ | Limited in size |
| Kennels (metal/plastic) | Non-B | ○ | ○ | Limited in size; Wooden items go in Burnable Garbage. |
| Kerosene | — | × | × | to any waste disposal contractor. |
| Kettles | Non-B | ○ | ○ | |
| Keyboards (instrument) [SHA] | Non-B | ○ | ○ | With a limit in size acceptable for drop-off at Center, larger one will be accepted at Stock Yard. |
| Kitchen garbage | Burn | ○ | ○ | Drain well. |
| Kitchen garbage disposer (household) | Non-B | ○ | ○ | The contents go in Burnable Garbage. Electronic items treated as [SHA] |
| Kitchen knife | Non-B | ○ | ○ | |
| Kitchen knives sharpeners | Non-B | ○ | ○ | Wrap them in a paper or cloth. |
| Knives | Non-B | ○ | ○ | |
| kotatsu (heater) | Non-B | ○ | ○ | Limited in size; Remove the legs. |
| kotatsu (heater) top board | Burn | ○ | ○ | Limited in size; Other materials including metal go in Non-burnable Garbage. |
| Ladders (aluminum) | Non-B | ○ | ○ | Limited in size |
| Ladders (iron) | Non-B | × | ○ | Limited in size |
| Ladders (wooden) | Burn | ○ | ○ | Limited in size |
| Lamps | Non-B | ○ | ○ | Remove batteries and fuel. Electric/ battery-powered items treated as [SHA] |
| Laundry washing machines | — | × | (○) | Acceptable with a Recycle Ticket purchased (fee-based) (See page 15) |
| Laundry dryer | — | × | (○) | Acceptable with a Recycle Ticket purchased (fee-based) (See page 15) |
| Laundry poles (metal) | Non-B | ○ | ○ | Limited in size; Wooden items go in Burnable Garbage. |
| Lawn mowers (Small electric ones for home-use) | Non-B | ○ | ○ | Cut the cord into about 1 m lengths or bundle it. |
| Leather goods | Burn | ○ | ○ | |
| Leaves of trimmed trees | Yard | ○ | ○ | Do not put them in a corrugated container. |
| Legless chairs (non-wooden) | Non-B | ○ | ○ | Limited in size; Wooden items go in Burnable Garbage. |
| Lens | Non-B | ○ | ○ | |
| Lighters | Non-B | ○ | ○ | Use up the contents completely before disposal. |
| Lighting apparatus [SHA] | Non-B | ○ | ○ | Except fluorescent lights and light bulbs |
| Litter pellets for pets | Burn | ○ | ○ | Remove litters. |
| Lockers (steel) | Non-B | ○ | ○ | Limited in size |
| Lunch boxes | Non-B | ○ | ○ | |
| Magnets | Non-B | ○ | ○ | |
| Mahjong tiles | Non-B | ○ | ○ | |
| Mandolines | Burn | ○ | ○ | Metal strings go in Non-burnable Garbage |
| Marbles | Non-B | ○ | ○ | |
| Massagers (chair type) | — | × | × | Items that do not meet drop-off guidelines are acceptable at Stock Yard. |
| Massagers (handy) [SHA] | Non-B | ○ | ○ | |
| Matches | Burn | ○ | ○ | Soak them in water before disposal |
| Mattress (no coil spring) | Burn | ○ | ○ | Limited in size |
| Mattress (with coil spring) | — | × | × | For any mattress separated into spring and cover, each part will be accepted for drop-off at the Center. Refer to page 14 for how to throw away as is. |
| MD/MO | Non-B | ○ | ○ | Together with cases |
| Measures | Non-B | ○ | ○ | |
| Measuring tapes | Non-B | ○ | ○ | |
| Microwave range [SHA] | Non-B | ○ | ○ | |
| Mikes [SHA] | Non-B | ○ | ○ | |
| Milk bottles | Bottle | ○ | ○ | Return to the place of purchase preferably. |
| Milk cans (for baby) | Can | ○ | ○ | |
| Milk cartons | Paper | ○ | ○ | Rinse, open, and dry them. |
| Miniature bulbs | Non-B | ○ | ○ | |
| Mini-component (music centre) [SHA] | Non-B | ○ | ○ | |
| Miniature cars (toy) | Non-B | ○ | ○ | |
| Mirrors | Non-B | ○ | ○ | |
| Mobile phones [SHA] | Non-B | ○ | ○ | Delete personal information. Return to the place of purchase preferably. |

Garbage Classification Index

Disposal site → ○...Acceptable → ×...Not acceptable (As for Togakushi, Kinasa, Ooka, Shinshu Shinmachi, and Nakajo districts, yard garbage should be taken to Sunday Recycle events)

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|---|-----------------|---------------|----------------|---|
| Mobility scooters (electric) | — | × | × | Acceptable at Stock Yard |
| Monocycle (play equipment) | Non-B | ○ | ○ | |
| Mops (mop with handle) | Non-B | ○ | ○ | |
| Motorcycles | — | × | × | to any dealer or designated take-back/recycling service window. (See p. 16) |
| Mulch (for kitchen garden) | Burn | ○ | ○ | Any mulch for agricultural use is not accepted. (Take it to JA or contact any waste disposal contractor.) |
| Music centre [SHA] | Non-B | ○ | ○ | Limited in size |
| Nail clippers | Non-B | ○ | ○ | |
| Nails | Non-B | ○ | ○ | Wrap them in a paper or cloth. |
| Needles | Non-B | ○ | ○ | Wrap them in a paper or cloth. |
| Newspapers | Paper | ○ | ○ | |
| Nursing bottles | Non-B | ○ | ○ | |
| Oil | — | × | × | to any waste disposal contractor |
| Oil (edible) | Burn | ○ | ○ | Oil should be hardened or absorbed into paper or cloth. Any liquid oil is not accepted. (Collection is also available at Sunday Recycle events: See P.11) |
| Oil bottles | Non-B | ○ | ○ | Clean ones go in "Bottle" |
| Oil cans (up to 18 liters) | Can | ○ | ○ | Rinse the inside lightly; Cans larger than 18 liters go in Non-burnable Garbage. |
| Oil heaters | — | × | × | Acceptable at Stock Yard |
| Oil papers (Wax papers) | Burn | ○ | ○ | |
| One-cup-sized glass alcoholic bottles | Bottle | ○ | ○ | |
| Organs | Non-B | ○ | ○ | Limited in size. Items that do not meet drop-off guidelines go to the salvage yard |
| Oven (household) | Non-B | ○ | ○ | Limited in size |
| Oven/range [SHA] | Non-B | ○ | ○ | |
| Ovens (microwave) | Non-B | ○ | ○ | |
| Overnight bags | Burn | ○ | ○ | Suitcases go in Non-burnable Garbage. |
| Paint (small amount) | Burn | ○ | ○ | Paint should be hardened or absorbed into paper or cloth. Liquid ones are not accepted. (to any waste disposal contractor.) |
| Paint cans (including 18-L can) | Non-B | ○ | ○ | Use up the contents completely before disposal. |
| Paint tubes (metal) | Non-B | ○ | ○ | Use up the contents completely before disposal. |
| Paint tubes (plastic) | Burn | ○ | ○ | Use up the contents completely before disposal. |
| Pans | Non-B | ○ | ○ | |
| Paper cups | Burn | ○ | ○ | |
| Parkas | Burn | ○ | ○ | |
| Pedometers [SHA] | Non-B | ○ | ○ | |
| Pencil sharpener machine | Non-B | ○ | ○ | Electronic items treated as small home appliances |
| Pencils | Burn | ○ | ○ | |
| Perambulator (Baby strollers) | Non-B | ○ | ○ | |
| Permanent marker | Non-B | ○ | ○ | |
| Personal computers (for home use) [SHA] | — | × | × | to the manufacturer for take-back (See p. 16) or Small Home Appliance Recycling (see page 12) |
| PET bottle caps | Pla | ○ | ○ | |
| PET bottle labels | Pla | ○ | ○ | Paper materials go in Burnable Garbage. |
| PET bottles | PET | ○ | ○ | Plastic bottles of beverage/alcohol/specific seasonings (such as soy sauce wine/vinegar) |
| Phone cards | Burn | ○ | ○ | |
| Phono-records | Non-B | ○ | ○ | |
| Photographs | Burn | ○ | ○ | |
| Pianos | — | × | × | to any waste disposal contractor. |
| Picture frames (wooden) | Burn | ○ | ○ | Limited in size; Non-wooden items go in Non-burnable garbage. |
| Pillow (non-plastic) | Burn | ○ | ○ | Plastic items go in Non-burnable Garbage. |
| Pipe beds | Non-B | ○ | ○ | Limited in size |
| Planters | Non-B | ○ | ○ | |
| Plastic construction kits | Non-B | ○ | ○ | |
| Plastic oil bottles | Burn | ○ | ○ | Clean ones go in "Pla". |
| Plastic tanks | Non-B | ○ | ○ | Ensure it is empty. |
| Pliers | Non-B | ○ | ○ | |

Waste Management Facilities (Nagano City Recycle Center, Nagano Environmental Energy Center) → ○...Acceptable → ×...Not acceptable

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|--|-----------------|---------------|----------------|--|
| Polyvinyl sheets (household) | Burn | ○ | ○ | Those for agricultural use are not accepted. (Take them to JA or contact any waste disposal contractor.) |
| Portable potty | Non-B | ○ | ○ | Remove human waste and wash. |
| Portable room heaters | Non-B | ○ | ○ | Limited in size; Remove kerosene and batteries. |
| Pottery | Non-B | ○ | ○ | |
| Power generators | — | × | × | To any waste disposal contractor |
| Printers [SHA] | Non-B | ○ | ○ | Empty the ink and return to store |
| Propane gas cylinders | — | × | × | To any waste disposal contractor |
| Propelling pencils | Non-B | ○ | ○ | |
| Pruned branches (up to 25 cm in diameter) | Yard | ○ | ○ | Limited in size |
| Pumps (for bath/washing) [SHA] | Non-B | ○ | ○ | |
| Rackets (wooden) (tennis and table tennis) | Burn | ○ | ○ | Fiberglass items go in Non-burnable Garbage. |
| Racks (wooden) | Burn | ○ | ○ | Limited in size |
| Radio [SHA] | Non-B | ○ | ○ | Remove batteries. |
| Radio-cassette recorders (including CD-mounted type) [SHA] | Non-B | ○ | ○ | Remove batteries. |
| Rain-gears (raincoats) | Burn | ○ | ○ | |
| Ramune (glass bottle) | Bottle | ○ | ○ | |
| Razors | Non-B | ○ | ○ | Wrap them in a paper or cloth. |
| Reed screen | Burn | ○ | ○ | Limited in size |
| Refrigerators | — | × | (○) | Acceptable with a Recycle Ticket purchased (fee-based) (See page 15) |
| Retort food pouches | Burn | ○ | ○ | Clean ones go in "Pla". |
| Retractable knives | Non-B | ○ | ○ | |
| Rice bran | Burn | ○ | ○ | |
| Rice cake makers [SHA] | Non-B | ○ | ○ | Limited in size |
| Rocking chairs (wooden) | Burn | ○ | ○ | Limited in size; Other materials including metal go in Non-burnable Garbage. |
| Roller skates | Non-B | ○ | ○ | |
| Roof careers (for vehicles) | Non-B | × | ○ | Limited in size |
| Roof tiles | — | × | × | Acceptable at Stock Yard |
| Ropes | Burn | ○ | ○ | |
| Ropes (non-metal) | Burn | ○ | ○ | |
| Roulette (toy) | Non-B | ○ | ○ | |
| Rubber bands | Burn | ○ | ○ | |
| Rubber gloves | Burn | ○ | ○ | |
| Rubber mats | Burn | ○ | ○ | |
| Rucksacks | Burn | ○ | ○ | |
| Rugs | Burn | ○ | ○ | Fold and tie a string around them. |
| Rush mats | Burn | ○ | ○ | Limited in size |
| Safe boxes (handy) | Non-B | ○ | ○ | Fireproof safe boxes will be accepted at Stock Yard. |
| Sandals | Burn | ○ | ○ | |
| Sauce ladle (non-wooden) | Non-B | ○ | ○ | Wooden items go in Burnable Garbage. |
| Saws | Non-B | ○ | ○ | |
| Scales (materials other than cast metal) | Non-B | ○ | ○ | |
| Scales (bathroom scales) | Non-B | ○ | ○ | Electric-powered/electronic items treated as [SHA] |
| Scanners [SHA] | Non-B | ○ | ○ | |
| Scissors | Non-B | ○ | ○ | |
| Scooters | — | × | × | to any dealer or designated take-back/recycling service window. (See p. 16) |
| Scourers (non-botanical) | Non-B | ○ | ○ | Botanical ones go in Burnable Garbage. |
| Seedling pots | Pla | ○ | ○ | Rinse the inside. |
| Sewing machines (electric) [SHA] | Non-B | ○ | ○ | |
| Sewing machines (pedal) | Non-B | × | ○ | |
| Shavers | Non-B | ○ | ○ | |
| Shells | Burn | ○ | ○ | |
| Shoes (cloth, leather, rubber, and spike) | Burn | ○ | ○ | |
| Shoes (skating and skiing) | Non-B | ○ | ○ | |
| Shovels | Non-B | ○ | ○ | |
| Sickles | Non-B | ○ | ○ | |
| Skating boots | Non-B | ○ | ○ | |
| Ski boots | Non-B | ○ | ○ | |
| Skis | Non-B | ○ | ○ | |
| Slate | — | × | × | Waste management facilities |

Garbage Classification Index

Disposal site → ○...Acceptable → ×...Not acceptable (As for Togakushi, Kinasa, Ooka, Shinshu Shinmachi, and Nakajo districts, yard garbage should be taken to Sunday Recycle events)

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|---|-----------------|---------------|----------------|---|
| Sleds (plastic) | Non-B | ○ | ○ | |
| Sleeping-bags | Burn | ○ | ○ | |
| Smart phones [SHA] | Non-B | ○ | ○ | Delete personal data. Return to the store of purchase when possible |
| Snowboards | Non-B | ○ | ○ | |
| Snow-plough (non-wooden) | Non-B | ○ | ○ | Wooden items go in Burnable Garbage. |
| Sofas (spring cushion type) | — | × | × | For any mattress separated into spring and cover, each part will be accepted for drop-off at the Center. Refer to page 14 for how to throw away as is. |
| Sofas (spring-free metal framed type) | Non-B | ○ | ○ | Limited in size |
| Sofas (spring-free non-metal framed type) | Burn | ○ | ○ | Limited in size |
| Soil | — | × | × | to any waste disposal contractor. |
| Speakers | Non-B | ○ | ○ | Limited in size. Mechanical portion of wooden speakers treated as [SHA] |
| Spectacles for the aged. | Non-B | ○ | ○ | |
| Sphygmomanometer (household) | Non-B | ○ | ○ | Electric/ battery-powered items treated as small home appliances. Contact the Living Environment Management Section (224-7635) about items containing mercury |
| Sprayer (electric - manual) | Non-B | ○ | ○ | Limited in size. Electronic items treated as [SHA] |
| Sprayer (engine-driven) | — | × | × | Acceptable at Stock Yard |
| Square cushions | Burn | ○ | ○ | |
| Stamps (non-wooden) | Non-B | ○ | ○ | Wooden items go in Burnable Garbage. |
| Steel furniture | Non-B | ○ | ○ | Limited in size |
| Steel wheels (for vehicles) | Non-B | × | ○ | |
| Stepladders (aluminum) | Non-B | ○ | ○ | Limited in size |
| Stepladders (iron) | Non-B | × | ○ | Limited in size |
| Stereo [SHA] | Non-B | ○ | ○ | Limited in size |
| Stocker (freezer) | — | × | (○) | Acceptable with a Recycle Ticket purchased (fee-based) (See page 15) |
| Stone weights for making pickles | — | × | × | Acceptable at Stock Yard. Natural stone is not accepted. |
| Stones | — | × | × | to any waste disposal contractor. |
| Stoves | Non-B | ○ | ○ | Limited in size; Remove kerosene and batteries. |
| Straw | Burn | ○ | ○ | |
| Straw mats (incl. polyvinyl ones) | Burn | ○ | ○ | |
| Studded shoes | Burn | ○ | ○ | |
| Stuffed toys | Burn | ○ | ○ | |
| Suitcases | Non-B | ○ | ○ | |
| Sunglasses | Non-B | ○ | ○ | |
| Suspension spring (for vehicles) | Non-B | × | ○ | |
| Table wares (non-wooden) | Non-B | ○ | ○ | Wooden items go in Burnable Garbage. |
| Table-top stoves | Non-B | ○ | ○ | Remove batteries and cylinders. |
| Tablets [SHA] | Non-B | ○ | ○ | Delete personal data |
| Tatami mats | Burn | × | ○ | |
| Tea boxes (no lining.) | Burn | ○ | ○ | Those with aluminum liner coated inside should be disposed as Non-burnable Garbage in such manner that the inside is visible. |
| Tea canisters (steel) | Can | ○ | ○ | |
| Teacups | Non-B | ○ | ○ | |
| Telephones [SHA] | Non-B | ○ | ○ | |
| Televisions (cathode ray tube/ liquid crystal/plasma TVs) | — | × | (○) | Acceptable with a Recycle Ticket purchased (fee-based) (See page 15) |
| Tennis balls | Burn | ○ | ○ | |
| Thermometers | Non-B | ○ | ○ | Contact the Living Environment Management Section (224-7635) about items containing mercury |
| Thick papers | Paper | ○ | ○ | as "Other old papers" |
| Tinplate | Non-B | ○ | ○ | Limited in size |
| Tire chains (metal) | Non-B | × | ○ | |
| Tire chains (non-metal) | Non-B | ○ | ○ | |
| Tires (bicycles /monocycle) | Non-B | ○ | ○ | Only rubber goes in Burnable Garbage |
| Tires (car /motorcycle, etc.) | — | × | × | Acceptable at Stock Yard |
| Toaster oven [SHA] | Non-B | ○ | ○ | |
| Toasters [SHA] | Non-B | ○ | ○ | |
| Toilet bowls (ceramic) | Non-B | ○ | ○ | Remove human waste and wash. |
| Toilet seats (including units with a hot-water bidet) | Non-B | ○ | ○ | Remove human waste and wash. |

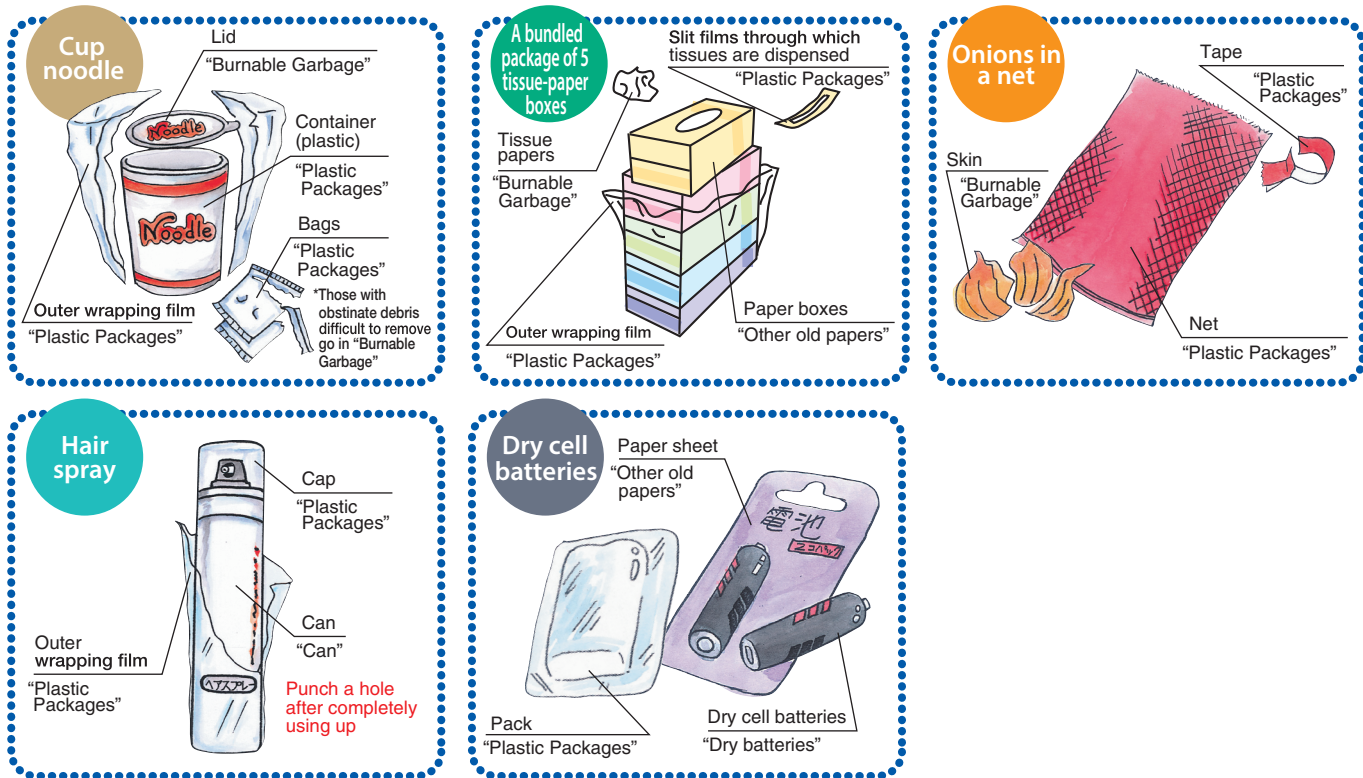
Waste Management Facilities (Nagano City Recycle Center, Nagano Environmental Energy Center) → ○...Acceptable → ×...Not acceptable

| Items | Classifications | Disposal site | Waste Facility | Remarks |
|--|-----------------|---------------|----------------|--|
| Toothbrushes | Non-B | ○ | ○ | |
| Toothpaste tubes (non metal) | Burn | ○ | ○ | Metal ones go in Non-burnable Garbage. Plastic caps go in "Pla". |
| Towels | Burn | ○ | ○ | |
| Toys | Non-B | ○ | ○ | Remove batteries. Wooden/cloth toys go in Burnable Garbage. Electric-powered/electronic items treated as small home appliances |
| Trays (styrofoam food tray) | Pla | ○ | ○ | Those with obstinate debris not removed go in Burnable Garbage. |
| Trimmed limbs (up to 25 cm in diameter) | Yard | ○ | ○ | Limited in size |
| Trumpets | Non-B | ○ | ○ | |
| T-shirts | Burn | ○ | ○ | |
| Tubs (non-wooden) | Non-B | ○ | ○ | Wooden items go in Burnable Garbage. |
| Twigs (up to 25 cm in diameter) | Yard | ○ | ○ | Limited in size |
| Umbrellas | Non-B | ○ | ○ | |
| Underwater Pumps | — | × | × | Acceptable at Stock Yard |
| Vacuum bottles (vacuum flasks) | Non-B | ○ | ○ | Electric items treated as [SHA] |
| Vacuum cleaners [SHA] | Non-B | ○ | ○ | |
| Vases | Non-B | ○ | ○ | |
| VCRs (video cartridge recorders) [SHA] | Non-B | ○ | ○ | |
| Vices | Non-B | × | ○ | Limited in size |
| Video cameras [SHA] | Non-B | ○ | ○ | |
| Videotapes | Burn | ○ | ○ | Causing the crusher to get clogged, cassette tapes together with cases go in "Burn". |
| Vises | Non-B | × | ○ | Limited in size |
| Waist belts | Burn | ○ | ○ | |
| Walkers (for baby) | Non-B | ○ | ○ | |
| Walkers (manual) | Non-B | ○ | ○ | |
| Walkie talkie (small size) [SHA] | Non-B | ○ | ○ | |
| Wardrobe | Burn | ○ | ○ | Limited in size |
| Warm carpets | Burn | ○ | ○ | Fold & tie a string around it. Power cords go in Non-burnable Garbage. Only mechanical part treated as [SHA] |
| Washbowls | Non-B | ○ | ○ | |
| Water coolers | Non-B | × | (○) | Those with fluorocarbon (CFC) go to waste management facilities |
| Water heaters | Non-B | ○ | ○ | Limited in size; Remove batteries |
| Water purifiers | Non-B | ○ | ○ | |
| Water tank | Non-B | ○ | ○ | Limited in size |
| Watering cans | Non-B | ○ | ○ | |
| Wheel covers (for vehicles) | Non-B | ○ | ○ | |
| Wheelbarrows (home use only) | Non-B | × | ○ | Limited in size |
| Wheelchairs (electric) | — | × | × | Acceptable at Stock Yard |
| Wheelchairs (manual) | Non-B | ○ | ○ | |
| Wheels (for vehicles) | Non-B | × | ○ | |
| Window shades | Non-B | ○ | ○ | Limited in size |
| Wipers | Non-B | ○ | ○ | |
| Wire cables | Non-B | × | ○ | |
| Wires | Non-B | ○ | ○ | |
| Wooden sword (Bamboo sword) | Burn | ○ | ○ | |
| Word-processors [SHA] | Non-B | ○ | ○ | |
| Wrap (for home-use) | Burn | ○ | ○ | |
| Wrap (those wrapped around a product) | Pla | ○ | ○ | Those with obstinate debris not removed go in Burnable Garbage. |
| Wrenches | Non-B | ○ | ○ | |
| Wristwatch | Non-B | ○ | ○ | Small battery-powered items treated as small home appliances |
| Yard trimmings (up to 25 cm in diameter) | Yard | ○ | ○ | Limited in size |

Some items are made of different materials depending on the manufacturers or types. Note that even the same items may be sorted into different categories depending on the materials.

Contact the Nagano City Recycle Center (☎ 026-221-5316) or the Living Environment Management Section (☎ 026-224-7635/026-224-5035) if you are unsure about separation.

Examples of separation



Please note that even if items are the same type of item, they may be separated differently based on their materials.

Go to Recycle Plaza

Furniture, bicycles, daily goods, and other items at home that you do not use anymore but are still in good condition... Before you throw them out, contact Recycle Plaza (see the Guide Map on page 14)

Recycle Hiroba (Recycling of items no longer needed)

Accepts items that are still usable for free and provides them to those who are interested

*May not accept certain items based on their condition.

Furniture (chest, cupboards, sideboards, 2-tier bunks, etc.)
Commodities (tableware, towels, soaps, etc.)
Clothing (clothes, kimono, shoes, belts, bags, etc.)
Books (independent books, pocket editions, picture book, etc.)
Other (bicycles, sporting goods, instruments, toys, etc.)

After inspection and repair, they are put out in the following sections for those who are interested:
Free to take, Raffle goods, Goods for sale

Rainbow Hiroba (Redistributing of items no longer needed)

Records the information of people who are offering items or looking for items and redistributes those items. Temporarily posts the information in the Kurashi-no-Channel section of Koho Nagano.

Furniture (chest, cupboards, sideboards, desks, dressing tables, etc.)
Electric appliances (refrigerator, televisions, laundry washing machines, fan heaters, etc.)
Nursery items/Toys (baby beds, slide, etc.)
Sport/leisure items (health appliances, outdoor goods, etc.)
Instruments (electric organs, pianos, organs, guitars, etc.)

Call Recycle Plaza to register what you are looking for/offering

Once there is a match, the person who wants it will contact the provider directly

Flea Markets

Held regularly.
Apply at Recycle Plaza.

Inquiries/Applications to Recycle Plaza

Recycle Plaza ☎ 026-222-3196
Reception hours: 9:00 to 21:00 Closed: Dec. 29 through Jan. 3
Address: 2-26-7 Matsuoka, Nagano (next to Sunmarine Nagano)

Contact

Nagano City Hall Living Environment Management Section

URL: <http://www.city.nagano.nagano.jp>

TEL: 026-224-7635

026-224-5035

FAX: 026-224-8909



Nagano City Website



Revised March 2019
環境にやさしい大豆油墨を使用しています。再生紙を使用しています。