

**【Hospitals that can assist in multiple languages】**

For languages other than English, please check with the respective hospitals.

For Nagano Chuo Hospital and Nagano Matsushiro General Hospital, please ensure you call to check in advance.

Hospital Name	Phone Number
Nagano Red Cross Hospital	026-226-4131
Shinonoi General Hospital	026-292-2261
Nagano Municipal Hospital	026-295-1199
Nagano Chuo Hospital	026-234-3211
Nagano Matsushiro General Hospital	026-278-2031